



# MORNINGSIDER

THE OFFICIAL NEWSLETTER OF MORNINGSIDE



Diana Gomez of Tacos Hernandez. Image courtesy of IG:Tacos Hernandez  
**Morningside-Based Tacos Hernandez Named One of Top 10 Detroit Eateries**

**Susan Newell | The Morningsider**

Detroit — Although she's only lived in Morningside for a few years, Diana Gomez has already put our neighborhood on the map – or at least in the *Detroit Free Press* – for her award-winning food truck, Tacos Hernandez. The truck was recently listed as No. 5 on the Free Press's list of "Top 10 Detroit Restaurants & Dining Experiences."

Tacos Hernandez is no stranger to awards. *Eater Detroit* had already named it Detroit's "best taqueria," but this is an even broader category. "My jaw dropped (when I won) because a little food truck is right behind a fine dining restaurant," says Diana. It's the first time a food truck has been listed in the Top 10.

The annual list was put together by Lyndsay C. Green, food and dining critic for the Free Press.

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## Award-Winning East African Restaurant a Step Closer to Opening on E. Warren

**The Morningsider**



**Baobab Fare co-owners Nadia Nijimbere and her husband Hamissi Mamba. Image courtesy of Orlando Bailey**

Our neighborhood used to be a difficult place to find good sit-down restaurants, but that's rapidly changing. Baobab Fare, which specializes in cuisine from Burundi in eastern Africa, is making good progress toward opening its second location on E. Warren and Grayton.

Since 2017, Hamissa Mamba and his wife, Nadia Nijimbere, have turned Baobab Fare from a simple pop-up to a bricks-and-mortar restaurant in the New Center. Three times the restaurant has been a semi-finalist for the prestigious James Beard Award.

The couple recently closed on the purchase of the building at E. Warren and Grayton. They hope to start renovation in July and have the restaurant open by the end of the year.

We'll be following their progress closely as the process unfolds. In the meantime, you can read more about it in Bridge Detroit [here](#).



THE MORNINGSIDER

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## What Comes Between Hump Day and TGIF?

### The Morningsider



Morningside Happy Hour in July 2022 at the Warren Cafe.  
Image courtesy of Nicolas Hall

TGI Thursday, of course! Join your Morningside and EEV neighbors on the first Thursday of each month for a Happy Hour from 6-8 p.m. at one of our local bars. Get an early start on the weekend with music and conversation over your favorite beverage.

Next month's TGI Thursday will be on **May 2 at the Warren Café, 16314 E. Warren**, next to the laundromat at Three Mile. You can pair your drink with a slice or two of delicious thin crust pizza from Morningside's own Flamz Pizzeria.

## TALK TO US!

### *Letter to the Editor*

One of our goals is to make *The Morningsider* more interactive and resident-driven. To that end, we invite you to send us your ideas and opinions – what do you like about the newsletter, what should we be paying more attention to, what pressing issues are Detroiters facing? Please keep your communications brief - about 200 words - and respectful in tone. Send your comments to [morningsidecommunity2@gmail.com](mailto:morningsidecommunity2@gmail.com). Letters, edited as necessary for space and clarity, will be published each month.

## Continued... Morningside-Based Tacos Hernandez Named One of Top 10 Detroit Eateries

Lyndsay is herself an award-winning journalist. She was a 2023 finalist for a Pulitzer Prize in journalism in the category of Criticism and is a James Beard Award-winning food critic. In other words, Lyndsay knows good food when she sees and tastes it. You can read Lyndsay Green's article detailing Diana's journey and cuisine [here](#).

Tacos Hernandez likely caught Lyndsay's eye because it features a slightly different approach to Mexican cuisine than most Detroiters are familiar with. Diana was born and raised in El Paso, Texas, but her family has roots in the state of Chihuahua in northern Mexico. As in the U.S., Mexican cooking varies by region. The flavors of Jalisco have dominated the Mexican food scene in Detroit, and the differences are subtle but noticeable. For example, as those of us who've sampled Diana's delicious tacos at neighborhood events know, you'll get a creamy avocado dressing over your taco rather than the more common sour cream. And her homemade tortillas will be made with the white corn common to northern Mexico.



Diana Gomez sprinkles Donita cheese on a chicken al pastor. Image courtesy of Kimberly P. Mitchell, Detroit Free Press

Diana takes a farm-to-table approach to her cooking and is collaborating with Detroit organizations dedicated to creating a "food sovereign Detroit." She has used plants from [Keep Growing Detroit](#) to fill her four garden beds and balcony pots at her home on Devonshire.

"You'd be surprised how many tomatoes you can get from nine plants," she says.

Diana is also developing a relationship with [Crane Street Garden](#), a nine-lot garden near Harper and Gratiot. This summer they're planning to see if the types of corn that thrive in Chihuahua can adapt to Michigan's climate.

Diana's five-year plan includes a bricks-and-mortar restaurant on the East Warren corridor. In the meantime her truck will be a regular presence in Morningside and beyond. She's hosting a taco dinner, which will be a ticketed event, with the Free Press on May 7 on E. Warren. Stay tuned for details.



Diana Gomez hands over a bag of hot tacos to customer Terri Hudson. Image courtesy of Kimberly P. Mitchell, Detroit Free Press

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*Susan Newell, retired nurse and resident of MorningSide since 1984. Serves as the Associate Editor of The Morningsider*

## BeShroomed Farms and Café brings mushroom-infused Coffee and More

**Sharon Davis-Cawthorne** | The Morningsider

Founder, Osotrari Washington and Lab Director Tim Reed herald all things mushrooms at BeShroomed Farms, especially the mushroom infused coffee. BeShroomed Farms with its co-located cafe and mushroom mercantile are firmly anchored in a matte black building with a matching black awning and ample adjacent parking at 16555 Harper, Detroit, MI 48224 in the East English Village neighborhood.

For his role, Osotrari is more than a purveyor of mushrooms. He's also a passionate educator and historian on the cultural, medicinal, nutritional, and psycho-mystical properties of a catalog of mushrooms. " 'BeShroomed,' means to be under the influence of mushrooms," explains Osotrari, "it's a practice tracing back to Algeria and the Mushroom Shaman." Having benefited from all ranges of mushroom experiences, Osotrari wanted to incorporate the mental and physical healing benefits of mushrooms like Reishi, Turkey Tail, Lion's Mane into daily use. He added that, "Mushroom 101 teaches that language shapes your reality and the comprehension of language shapes your reality to describe the thing that you want to call upon." Osotrari wanted to speak an earth-conscious, sustainable business into existence that carries an essential message: you can make an intentional effort to improve your overall health through mushrooms.

With friendly pricing, the cafe has to-go cups for fresh brewed Reishi and their flagship Trinity coffee, a proprietary blend of Turkey Tail, Lions Mane and Reishi mushrooms, which offers adaptogenic support for brain function, blood sugar balance and inflammation reduction. Additional BeShroomed mushroom-infused drinks include tea and hot chocolate. The space also has seating for those who want to stay a while.

Yet, BeShroomed is more than a gathering space to sip and share. Lab Director Tim Reed also invites the community to a horticultural hub for the novice and the veteran mushroom connoisseur alike.

Tim brings almost 20 years of growing experience to the on-site farm. He shared a heartfelt memory of a Dakota elder that inspired him to quit his job and take his mushroom practice full-time because he could, 'offer so much more to the world'. Tim says he knew, "Mushrooms had to be a business helping people heal." Mushrooms," Tim explains, "offer connection to yourself and the world around you".



**BeShroomed Farms founder, Osotrari Wahington, and Lab director, Tim Reed. Image courtesy of Sharon Davis-Cawthorne**

Tim provides the education and philosophy for the BeShroomed Grow Kits. "The kits keep giving, less work, more results, and provide food," says Tim. For small spaces and indoor environments, the kits offer a non-seasonal way to, "Have food where you are. Given the right environment, they can be harvested in a month or so, and Detroiters can (sustainably) feed themselves".

Story continues on page 7...

## “The Residences at St. Matthew Project”

Rachel Pisano | The Morningsider

When St. Matthews Church was placed on the National Register of Historic Places last November, it helped to pave the way for the next chapter in the St. Matthews legacy. The Residences at St. Matthews Project is creating 46 new affordable housing units on the St. Matthew’s campus to help further the church’s mission of creating community and promoting social outreach.

The project was brought to the attention of the church by the Catholic Charities of Southeastern Michigan (CCSEM). Along with its national counterpart, CCSEM has been prioritizing the development of affordable housing projects to help combat the rising cost of living for those in need. St. Matthew was a perfect candidate to consider a project like this since the two additional buildings on the campus have been calling for new life. Between the original school building built in 1930 and the activities building built in 1966 there will be 36 new one-bedroom units, 4 new two-bedroom units, and 6 new studio units as well as a multipurpose space to serve the community in the old gymnasium space.



**Framing inside the St. Matthews gymnasium is nearing completion. Image courtesy of Jim West**

The project was able to qualify for both Low Income Housing Tax Credits through the Michigan State Housing Development Authority (MISHDA) as well as historic tax credits through its designation National Historic Designation.

With the use of the historic tax credits the development of the two buildings will be required to maintain much of their original character. Some of these features will include new windows that match the historic and small nods to many unique interior features such as the lockers in the existing school hallways as well as alcoves that used to hold crosses or other icons in the classrooms.



**Drywall is going up inside of the St. Matthews school. Image courtesy of Rachel Pisano**

Another exciting aspect of the development is a partnership with Ascension Health. This partnership will promote health focused programming in the multi-purpose space for both residents of the buildings and the community.

Construction on the project kicked off in November of 2023 and is expected to go through December of 2024. On a tour of the construction progress with Ryan Rhodes and Chris Waelens of O’Brien Construction Company, the contractors leading the project, it was clear that their crew has been hard at work. Runs for new plumbing lines were being prepped in the existing hallways of the school, which Chris indicated is one of the bigger undertakings of the project.

Story continues on page 8...

## Continued... BeShroomed Farms and Café brings mushroom-infused Coffee and More

Recently voted by Detroit MetroTimes, as a favorite new coffee house on the Eastside, BeShroomed has tapped into a growing demographic of mushroom benefit seekers. From a 2022 study by Grand View Researchers, consumers have, "an increasing demand for functional foods and beverages that offer both taste and potential health benefits". Used as a supplement, in coffee or even the powdered form that BeShroomed also carries, mushrooms have reported benefits of: decreased risk of cancer, lowering sodium intake, promoting lower cholesterol, protecting brain health, providing a source of Vitamin D, stimulating a healthier gut, support for a healthy immune system.

The pair has expanded offerings on the horizon. Osotrari said, a BeShroomed food truck, to tempt your tastebuds with farm-to-table, seasoned, battered, gourmet mushrooms, is on track to open in late spring/early summer. Currently, BeShroomed, offers brewed coffee; bagged ground Trinity coffee and accessories for pod brewers; refrigerated gourmet Oyster mushrooms; teas and desserts from other local food artisans; Grow Kits, with instruction available; mushroom powders, gummies and capsules, and of course BeShroomed swag.



BeShroomed also provides bagged mushroom coffee. Image courtesy of Sharon Davis-Cawthorne

So, you're welcome to come in for the coffee and grab a Loyalty Card because the crew at BeShroomed believe that you'll be back.



Loyalty cards are available at Beshroomed. Image courtesy of Sharon Davis-Cawthorne

### Ways to Connect

Business Highlight: BeShroomed Farms

Location: 1655 Harper, Detroit MI 48224

Hours: 6am-6pm, Monday-Saturday. Closed on Sunday

Phone: 313.728.2157

Email: [BeShroomedFarms@gmail.com](mailto:BeShroomedFarms@gmail.com)

Web: <https://www.beshroomedfarms.com/>

Socials: [linktr.ee/beshroomed](https://linktr.ee/beshroomed)

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*Sharon Davis-Cawthorne is an at-large board member of MCO*

## Continued... “The Residences at St. Matthew Project”

New framing, drywall, and electrical work are also occurring all over the two buildings. The development will have new finishes throughout as well as new HVAC systems to improve air quality and energy efficiency of the building. Ryan and Chris say on an average day there are around 20 workers on site, but the most they have had in one day is 40 to keep the project running smoothly and on time.

Chris says that one of the most interesting things about working on a historic building is all the unique things uncovered while working. They have uncovered the charm of pink and blue tiles from old 1960 restrooms as well as figures of the Holy Mary in old classrooms. From one of the units located in the activities building you can clearly see a framed view of the church, reminding residents of the beautiful campus they get to be a part of.

Applications for the units themselves are not open yet, but more information can be found at the CCSEM website:

<https://www.ccsem.org/residences>. The target residents of the development are individuals and families that meet MISDHA's income requirements.

The Residences at St. Mathew is a project that will continue St. Matthew's mission founded in religious, social, and community service. It will continue to enhance the vibrancy and life of the Morningside neighborhood and continue to grow the great community that exists at Harper and Whittier and beyond.

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*Rachel Pisano, passion for architecture, design, and more*

## 5th Precinct Police-Community Relations Council Back in Person

### The Morningsider

After a long time meeting online due to the pandemic, the 5th Precinct Police-Community Relations Council is back in person at their former location, the Samaritan Center, 5555 Conner St.

Meetings will be on the first Wednesday of each month at 6:30 p.m. Don't miss the next meeting on May 1. This is a great opportunity to get to know our precinct Commander, Captain, and Neighborhood Police Officers, to get crime reports, and to share your concerns with the Detroit Police Department.



Officers of the Detroit Police Department 5th precinct. Image courtesy of DPD 5th Precinct



## Morningside Blight Brigade Scores Its First Win

### The Morningsider

MCO board member Nic Hall had reported a pile of concrete on the E. Outer Dr. median through the city's SeeClickFix website several times, with no results. Then Dorothy Johnson told him at the Blight Brigade's first meeting last month that the median is Wayne County's responsibility, not the city's. She gave Nic the contact information, he reported it to the county, and two days later the concrete was gone. This kind of information sharing is just one of the benefits of the Morningside Blight Brigade. We're more effective when we put our heads and hands together to tackle blight.

Our first meeting last month was a productive one, and since blight is everyone's concern, **we hope you'll join us on the fourth Saturday of each month from 9:30 to 10:30 at the Morningside Café.**

Although problems like noisy neighbors and barking dogs are certainly a nuisance, we're going to focus our efforts for now on visible eyesores like illegal dumping, abandoned cars, and curbside solid waste issues.



Blight Brigade meeting at Morningside Cafe. Image courtesy of Morningside Cafe guest

The first step in eliminating blight, of course, is to report the problem through the city's dedicated website, <https://seeclickfix.com/detroit>, or its companion phone app, Improve Detroit. We hope every Morningside resident will get comfortable using them. If you're not familiar with the technology, someone from the Blight Brigade will guide you through it. If neither of those are an option for you, we'll let you know what number(s) you can call to report various blight issues.

Sometimes SeeClickFix and Improve Detroit work well, but sometimes a single report doesn't get a quick fix. This is where the Morningside Blight Brigade comes in. We're developing a Fact Sheet to let you know how to elevate a report to the next level, with relevant contact information at your fingertips.

We're also creating a spreadsheet to keep track of what problems have been reported and what the outcome has been.



From left to right -- 1.) the original abandoned concrete pile 2.) following posting the issue on Wayne County Connect the bulk of the blight was removed 3.) Nic Hall cleaned up the remnants that the county missed Image courtesy of Nicolas Hall

Story continues on page 10...

## Morningsider Survey

Jeffrey D. Lewis II | The Morningsider

We are very proud of our monthly newsletter, the Morningsider! The Morningsider allows us to share newsworthy stories taking place right here in Morningside, and our surrounding communities.

As we continue to look for ways to improve the newsletter, feedback from our audience is always welcomed. That's why we have provided a survey as we want to gain direct insight from you, our readers.

Do you have a favorite feature that appears in the Morningsider? Is there something that you would like to see added or maybe even removed entirely?

Here is your opportunity to voice your thoughts.

Please click [here](#) to access the survey.

SURVEY ON THE MORNINGSIDER

Thank you for taking this brief survey to help us make our monthly Morningside newsletter more useful to you.

How often do you read *The Morningsider*?  Usually  Sometimes  Never

If you do read it, how do you access *The Morningsider*?  
 I get it in my email every month.  
 I look for it on the Morningside website.

If you do read it, please check all the articles that you regularly read and enjoy:

<input type="checkbox"/> Stories about local businesses	<input type="checkbox"/> Let's Talk Trash
<input type="checkbox"/> Stories about issues affecting all Detroiters	<input type="checkbox"/> Curb Appeal
<input type="checkbox"/> Stories about Morningside events & people	<input type="checkbox"/> Give a Smile/Get a Smile
<input type="checkbox"/> Morningside's Finest	<input type="checkbox"/> Future Leaders

How often do you click on the links in *The Morningsider* articles?  
 Usually  Sometimes  Never

What do you think of the balance between news about our neighborhood and news about city-wide issues?  
 It's a good balance between Morningside news and citywide news coverage.  
 I'd like more emphasis on Morningside stories.  
 I'd like more emphasis on stories affecting Detroiters as a whole.

Please check all the ways that you get your local news:

<input type="checkbox"/> <i>Detroit News</i> or <i>Free Press</i>	<input type="checkbox"/> <i>Metro Times</i>	<input type="checkbox"/> Instagram
<input type="checkbox"/> Local TV news	<input type="checkbox"/> <i>Axios Detroit</i>	<input type="checkbox"/> Facebook
<input type="checkbox"/> <i>Bridge Detroit</i>	<input type="checkbox"/> <i>Outlier Media</i>	<input type="checkbox"/> Other
<input type="checkbox"/> <i>Model D</i>	<input type="checkbox"/> <i>Planet Detroit</i>	

Do you live in Morningside, Cornerstone or East English Village?  Yes  No

If yes, what street do you live on? \_\_\_\_\_

Are there issues you think we should pay more attention to? Less attention to? Other kinds of stories you'd like to see more of?  
 \_\_\_\_\_  
 \_\_\_\_\_

Name (optional) \_\_\_\_\_

The Morningsider survey. Image courtesy of the Morningsider

## Continued... Morningside Blight Brigade Scores Its First Win

Coordinating our efforts is essential to fighting blight, so we've set up WhatsApp, which is similar to text messaging but a little less intrusive. It can be used on a phone or computer. If you haven't used WhatsApp, we're happy to help you get comfortable with it. When we report a problem, we'll let others in the Blight Brigade know so that they can add their own comments to the SeeClickFix report. The more comments the city gets, the higher priority the report gets.

If you've taken the steps our Fact Sheet outlines and the problem still exists, it's time to come to the Morningside Blight Brigade for help resolving the issue.

If you want to be part of the solution but can't attend our next meeting on the **fourth Saturday of this month, April 27 at 9:30 a.m. at Morningside Café, please contact us at [morningsidecommunity2@gmail.com](mailto:morningsidecommunity2@gmail.com)**. Be sure to let us know what area of Morningside you live in.

## Let's Talk Trash

### The Morningsider

Those of you who've had yard waste bags sitting at your curbs for weeks will be relieved to see them finally getting picked up. Don't forget that next year! Unless the city's contract Priority Waste, a new waste management company, changes, yard waste collection ends in December and begins again in April.

Pretty soon you won't need reminders about bulk trash pickup days. Starting June 1, bulk trash, yard waste, and recycling will be picked up weekly. Until then, here are your next three bulk trash pickup days:

**Thursday, April 25**

**Thursday, May 9**

**Thursday, May 23**



A collection of lawn leaf bags. Image courtesy of University District Community Association

## Keep Growing Detroit Kicks Off Another Bountiful Season

### The Morningsider

The first seed and transplant distribution of the season is this month! Now is the perfect time to become a member of the [Garden Resource Program](#).

Membership includes:

- Easy to sow, non-GMO seeds and plants strategically distributed throughout the growing season
- Access to garden workshops, guides, and videos both in-person and online
- Technical support to help start and/or expand your garden and get people involved
- Soil Testing for new growing spaces
- Access seasonal garden resources at regional community hubs, including tool sharing, compost, woodchips, tomato stakes, trellis nets, and more
- Opportunities to sell produce with Grown in Detroit
- Being a part of the vibrant and abundant Detroit growing community



Members of Keep Growing Detroit. Image courtesy of Keep Growing Detroit

## Spring/Summer Activities at the Jefferson Branch Library

Jefferson Branch Library | Content Partners

**Story Time Tuesdays!** (every Tuesday unless scheduling conflict) Come enjoy books and a craft! It's a great way for children to build early literacy, creativity and social skills. From 10:30 a.m. – 11:00 a.m.

Saturday, April 13, 2024 from 11:00 am – 12:00 p.m. - **Compete in the game of Candyland** to see if you will become the Candyland champ at Jefferson Branch Library. Prize and trophy for top 3 contenders.

Monday, April 22, 2024 from 5:30 p.m. – 6:30 p.m. – **Earth Day Craft!** Paint a flower pot and plant a flower seed.

Saturday, April 27, 2024 from 11:00 a.m. – 12:00 p.m. – **Stem and Story** – Catapults! Story about catapults and make a catapult that really works!

Monday, April 29, 2024 @ 6:30 p.m. - **Hustle into Spring** (weekly class) Get ready to kick off spring with a bang at our HUSTLE INTO SPRING event, where you can dance, mingle, and celebrate the season in style!

Wednesday May 1, 2024 @ 5:00 p.m. **Create and Manage Emails.** Create your personal email account. Learn to clean, manage, and organize such email. Allow your email to help you with daily activities.



Jefferson Branch Library. Image courtesy of Jefferson Branch Library

Saturday May 4, 2024 at 2 p.m. **May the 4th Be With you Sing Along** Get ready for a fun-filled family sing-along on May 4th, where we'll celebrate all things Star Wars and sing our hearts out together!

Saturday May 4, 2024 from 3:00-4:00 p.m. **Painting, Stickers & Mariachi** Let your Imagination Run Free! Using bric brac, paint, stickers and more, create an art piece that celebrates Cinco De Mayo

Wednesday May 8, 2024 @ 5:00 **Basic Computer Class.** Come and join us and learn the basic operations of the computer. Learn to surf the internet freely. Explore social media outlets.



Computer training sessions taking place. Image courtesy of Detroit Free Press

Saturday May 11, 2024 from 1:00 – 2:00 p.m. **Make a Gift for Mom!** Using beads and charms, make a heartfelt, one-of-a-kind piece of jewelry to gift to a special mom in your life on Mother's Day!

Wednesday May 15th from 4:30 – 7:00 p.m. **Barbie Cartoon DVD Marathon!** Come on Barbie let's go to the library! Bring a bagged dinner and spend the evening at the library watching Barbie dvds. Bring your camera and take a picture in our Barbie box. Free gift.

Story continues on page 13...

## Continued... Spring/Summer Activities at the Jefferson Branch Library

Wednesday May 22nd from 5:30 – 7:00 p.m.  
**USA Medicare 101** The U.S. RETIREMENT EDUCATION ASSOCIATION will present information and take your questions about Medicare programs.

Monday, June 3, 2024 **Hustle into Spring Part II**  
 Get ready for a fun-filled family sing-along on May 4th, where we'll celebrate all things Star Wars and sing our hearts out together!

Wednesday June 5, 2024 @ 5:00 p.m. **Create and Manage Emails.** Create your personal email account. Learn to clean, manage, and organize such email. Allow your email to help you with daily activities.

Tuesday June 11 – August 13, 2024 at 1 p.m.  
**Surprise Disney Movies!** Every Tuesday a surprise Disney movie will be shown.

Monday June 17 at 5:00 p.m. **Juneteenth Bingo**  
 Play bingo for prizes while learning about Juneteenth.

Wednesday June 12, 2024 @ 5:00 **Basic Computer Class.** Come and join us and learn the basic operations of the computer. Learn to surf the internet freely. Explore social media outlets.

Wednesday, June 12, 2024 **Your Adventure Begins at the Library! Summer Reading Program.**

Friday, June 14, 2024 @ 4 p.m. **Father's Day Craft** Using foam, beads, and other recycled objects, create a gift for "dad!"

Thursday, June 20, 2024 @ 1 p.m. **World Tourism Day!** Experience entertaining and informative travel without the baggage! Bring a bagged lunch and travel to a new destination via video each week. Thursdays, June 20 – August 29, 2024.




Disney characters. Image courtesy of Parade

Thursday, August 22, 2024 at 11 a.m. **National Tooth Fairy Day Celebration** Join us for a "Tooth Fairy" story time where we will read stories, watch a presentation from Delta Dental, make a tooth fairy, and receive free toothbrushes

## Resources & Upcoming Events

### The Morningsider



**THE STODAMIRE**

# Diabetic Retinopathy Screening

**STODAMIRE WELLNESS HUB**  
4401 Conner St, Detroit, MI 48215

**Tuesday, March 26, 2024**  
10:00am - 2:00pm

**Wednesday, April 24, 2024**  
4:00pm - 7:00pm


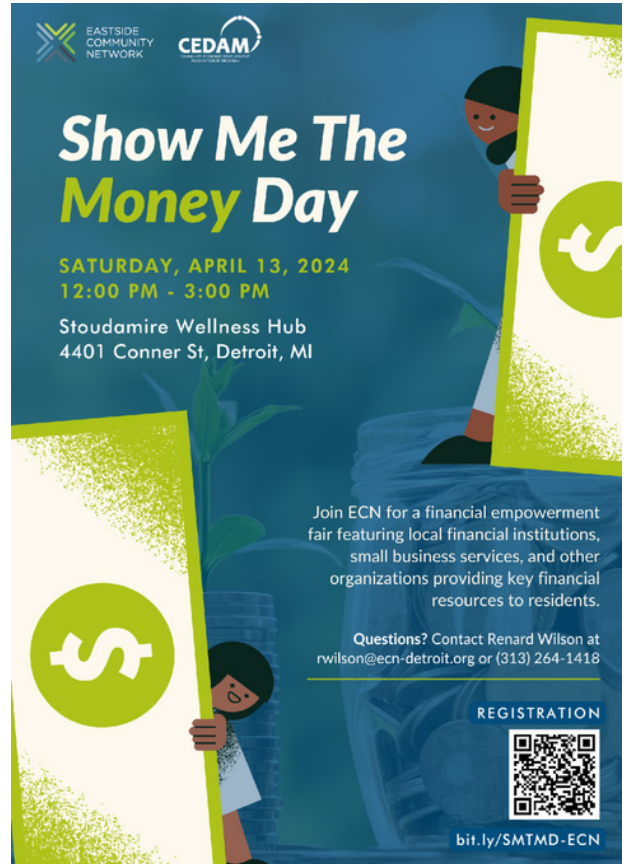
Are you heading for preventable vision loss and blindness? Find out by getting free screening from the Lions Foundation of Michigan at Stoudamire Wellness Hub.

**Sign Up Today!**

To schedule your screening, contact Daniel Cuffie at [dcuffie@ecn-detroit.org](mailto:dcuffie@ecn-detroit.org) or (313) 331-3713.

*\*Residents that participate will receive a \$20 Voucher to use at our Saturday Farm Stand.*

**Learn More About Diabetic Retinopathy**

**EASTSIDE COMMUNITY NETWORK** **CEDAM**

# Show Me The Money Day


**SATURDAY, APRIL 13, 2024**  
12:00 PM - 3:00 PM

Stoudamire Wellness Hub  
4401 Conner St, Detroit, MI

Join ECN for a financial empowerment fair featuring local financial institutions, small business services, and other organizations providing key financial resources to residents.

**Questions?** Contact Renard Wilson at [rwilson@ecn-detroit.org](mailto:rwilson@ecn-detroit.org) or (313) 264-1418

**REGISTRATION**



[bit.ly/SMTMD-ECN](https://bit.ly/SMTMD-ECN)

**THE STODAMIRE**

# THE BLACK DETROIT DEMOCRACY PROJECT

Special Series: Every 4th Monday of the Month

**Monday, April 22, 2024 | 6:00 PM-8:00 PM**  
The Stoudamire | 4401 Conner St, Detroit, MI

Join our monthly planning group as we:

- Build awareness about threats to democracy in Detroit
- Identify strategies to enhance Democratic participation in an effort to build collective power
- Work to improve the responsiveness of public officials
- Address political accountability to Black Detroiters

**REGISTER HERE!**



[THESTODAMIRE.GETOMNIFY.COM](https://THESTODAMIRE.GETOMNIFY.COM)






**HOSTED BY**  
DONNA GIVENS DAVIDSON  
PRESIDENT & CEO, EASTSIDE COMMUNITY NETWORK







## Resources & Upcoming Events

### The Morningsider

**Next Chapter Books Presents...**

	<p><b>The Power of Memoir: How to Write Your Life Story</b></p> <p>Workshop Price: \$55 Sign Up at <a href="http://detroitwritingroom.com/events">detroitwritingroom.com/events</a></p>	<p><b>April 9</b> <b>6-7:30 PM</b></p>
	<p><b>AUTHOR TALK AND PRESENTATION WITH FELICIA GEORGE</b></p> <p>*a free event</p>	<p><b>April 10</b> <b>6:30 PM</b></p>
<p><b>Third Thursday Open Mic Night</b></p>  <p><b>DM or email ahead to sign up</b></p>		<p><b>April 18</b> <b>6 - 8 PM</b></p>
<p>A blackout poetry workshop and evening of sharing and conversation about <b>INFERTILITIES, A CURATION</b></p> <p>*a free event</p> 		<p><b>April 24</b> <b>6 - 8 PM</b></p>
<p style="text-align: center;"> 16555 E. Warren Detroit, MI 48224</p>		

**Next Chapter Books Presents...**

<p><b>Shop Local!</b> <b>Complimentary Dessert*</b></p> <p><b>Book Raffle!</b> <small>*while supplies last</small></p> <p><b>Children's Storytime @ 10</b></p> 		<p><b>April 27</b> <b>10 - 5</b></p>
	<p>A Reading and Discussion with Journalist Laura Pappano</p> <p>An RSVP is required to attend this free event.</p> <p>Register at <a href="http://nextchapterbkstore.com">nextchapterbkstore.com</a></p>	<p><b>May 4</b> <b>5 PM</b></p>
<p><b>Join us for Children's Storytime Saturdays @ 10 am</b></p>  		<p><b>Every Saturday</b> <b>10 AM</b></p>

Always check  
[nextchapterbkstore.com](http://nextchapterbkstore.com)  
for updates!

 16555 E. Warren Detroit, MI 48224

## Resources & Upcoming Events

### The Morningsider

# Focus: HOPE

Providing metro Detroit older adults living on limited incomes with monthly food packages to assist with independence, healthy living and addressing basic needs.

**SIGNING UP IS EASY!**  
THERE IS NO WAITING PERIOD FOR ELIGIBILITY DETERMINATION.

**PROGRAM REQUIREMENTS:**

- Persons 60 years & older
- Provide # of people in household
- Meet income guidelines
- Reside in Wayne, Oakland, Macomb, or Washtenaw counties

**FOOD CENTER LOCATIONS:**

**Westside Food Center**  
1300 Oakman Blvd., Detroit

**Inkster Food Center**  
759 Inkster Road, Inkster

**Eastside Food Center**  
9151 Chalmers, Detroit

**For satellite locations call:**  
**313-494-4600**



We also offer health screenings and other supportive services. The program allows participants to pick up at a local distribution center or volunteer home delivery to those who qualify.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) nondiscrimination regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, and (including gender identity and sexual orientation) disability, age, or marital or relational status in its programs and activities. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language) should contact the responsible state or local agency that administers the program or USDA's National Center for Consumer and Family Assistance (NCFAS) through the National Relay Service at 800-877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3025, USDA Program Discrimination Complaint Form which may be obtained online at: USDA Program Discrimination Complaint Form, from any USDA office, by calling (800)423-9842, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3025 form or letter must be submitted to USDA by mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights (ASCR) Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (800) 299-1089 or (202)245-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

**FOOD FOR SENIORS**  
1400 OAKMAN BOULEVARD DETROIT, MI 48238 | 313-494-4600 | WWW.FOCUSHOPE.EDU



# ECN HOUSING FAIR

Connect with housing resources, receive application assistance, and learn about local housing programs at our housing fair!

**April 27, 2024 | 11:00am - 4:00pm**

Stoudamire Wellness Hub  
4401 Conner St, Detroit, MI

REGISTRATION



bit.ly/ECN-Housing-Fair



# JOIN

## DETROIT FOOD ACADEMY

MAKE NEW FRIENDS!  
TRY NEW FOODS!  
MAKE YUMMY MEALS!

**EVERY THURS**  
**4:00-6:30P**

**EASTSIDE COMMUNITY NETWORK**

PARENTS: COMPLETE THIS WAIVER



DETROITFOODACADEMY.ORG/JOIN



# Advertise in The Morningsider!

For those who want to place ads in our newsletter, please email us at [morningsidecommunity2@gmail.com](mailto:morningsidecommunity2@gmail.com)

Below are the rates for advertisements:

## 6 - Month Run

\$825 Full Page  
\$400 Half Page  
\$275 Quarter Page

## Monthly Run

\$150 Full Page  
\$80 Half Page  
\$60 Quarter Page



For the latest news taking place in MorningSide, please follow us on:



@

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MorningSide is a corporation organized and operated exclusively for charitable and educational purposes outlined in section 501 (c) (3) of the Internal Revenue Code.

Contact the Morningside Community Organization at:

**(313) 355-2468** or via email:

[morningsidecommunity2@gmail.com](mailto:morningsidecommunity2@gmail.com)

Also checkout our website!

[www.morningsidedetroit.org](http://www.morningsidedetroit.org)

P.O, Box 24325, Detroit, MI 48224



#morningsiderepresent

