

MorningSider

SEPTEMBER 2015

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DETROIT 2020-HABITAT FOR HUMANITY DETROIT'S 5TH ANNUAL BUILDUP DRAWS MORE THAN 100 VOLUNTEERS



By Alicia Smith

Two new Habitat for Humanity homes in Detroit's MorningSide neighborhood are now farther along in the construction process thanks to dozens of volunteers who took part in the 5th Annual BuildUp.

The day-long build on August 8 was co-hosted by Habitat for Humanity Detroit and Detroit 2020's team from WXYZ-TV 7 and WMYD-TV 20.

"This embodies everything Detroit 2020 stands for. I mean to see everybody here unified and inspired and out here actually acting and making a difference, it really is exciting," said Mike Muri, General Manager of WXYZ and WMYD.

More than 100 volunteers from all over metro Detroit worked through the morning rain and into the heat of the late afternoon building components for 2 of 5 new Habitat homes.

"In this neighborhood, when the Blitz Build is done, we're going to be up to house 120," said Tara Franey, Interim Executive Director for Habitat for Humanity Detroit.

(Continued on page 6)

MorningSide

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WHY YOU SHOULD KNOW YOUR SPOUSE'S SALARY

By Janice Holly Booth

One in four of us doesn't know how much his or her partner earns; here, the conversation to have with your honey about money



ABC Photo Archives/ABC via Getty Images

The Newlywed Game—that hugely popular TV phenomenon from the '60s—didn't need a laugh track. It tested couples' knowledge of each other in every realm from making dinner to making whoopee, and the hilarity stemmed from what couples didn't know about each other. Few partners knew what the other earned. And that's no laughing matter because apparently, not much has changed in five decades. According to a 2015 Couples Retirement Study by Fidelity Investments, couples could benefit from delving a little more deeply into each other's secret financial lives.

The study, which surveyed 1,051 couples, found that while a growing number may be comfortable talking about money in general, they aren't talking about what they actually make. Almost half (43%) were not able to say what their partner earned. One in 10 misjudged their partner's income by more than \$25,000. And 60% of couples don't have a clue about their Social Security benefits, including a staggering 49% of those in or on the cusp of retirement.

"For some couples, income inequality can be a prohibiting factor when it comes to discussing salary. One person might think that if they don't make as much as their spouse, their opinion doesn't hold the same weight when it comes to financial decision making," says Kristen Robinson, a senior vice president at Fidelity. But couples need to be equally comfortable behind the financial wheel, because life can be unexpected—emergency expenses, change in job situation, illness or even loss, leaving one spouse alone. It's crucial that couples communicate, collaborate, and are

(Continued on page 5)

Greetings MorningSide!

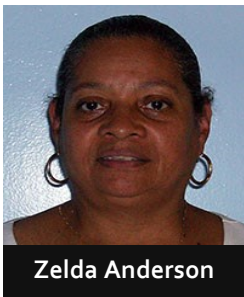
As summer comes to a close I want to make sure to thank a few organizations for their contributions to the MorningSide community.

- ◆ Habitat For Humanity Detroit (HFHD) – on top of the various houses they are working on in the west side of MorningSide, HFHD is building new houses and refurbishing some old houses on Buckingham Ave. and Berkshire St.
- ◆ Internationally renowned and best-selling author, journalist, screenwriter, playwright, radio and television broadcaster and musician Mitch Album’s charity Working Homes/Working Families (a new charity devoted to providing homes for working families in need of decent housing) is refurbishing homes on Three Mile Dr. and Courville St.
- ◆ Native Detroiter and professional basketball player Jordan Morgan’s charity Jordan Morgan Foundation, and the Ann-Arbor based Merit Fate Program teamed up with 20 students from the Jalen Rose Leadership Academy for a day of community improvement cleaning up the 4800 block of Courville St. The focus was on two abandoned houses that needed boarding. They also removed debris in the surrounding areas.

On behalf of MorningSide I would like to thank these organizations for taking interest in helping us improve our community.

Our MorningSide Fish Fry Fundraiser was a great success! Thank you to all that supported this effort. A special thank you to Senator Coleman Young II, County Commissioner Tim Killeen and Taylor One Gourmet Catering for your donations.

Thank you!



Zelda Anderson
MorningSide President

MorningSide

Members -At-Large

/Ambassadors



Scotty Boman

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(517) 373-0154
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Talabi
(517) 373-1776

GRILLED SEA BASS



Ingredients

2 pounds sea bass	1/4 teaspoon onion powder
3 tablespoons butter	1/4 teaspoon garlic powder
1/4 cup of olive oil	2 large cloves garlic, chopped
Sea salt to taste	1 tablespoon chopped Italian flat leaf parsley
Lemon pepper to taste	
1/4 teaspoon paprika	

Directions

Preheat grill for high heat

1. In a small bowl, stir together the garlic powder, onion powder, paprika, lemon pepper, and sea salt. Sprinkle seasonings onto the fish.
2. In a small saucepan over medium heat, melt the butter with the garlic and parsley. Remove from heat when the butter has melted, and set aside.
3. Lightly oil grill grate with olive oil. By using paper towel dip in olive oil with tongs. Grill fish for 7 minutes, then turn and drizzle with butter. Continue cooking for 7 minutes, or until easily flaked with a fork. Drizzle with melted garlic before serving.

WHY YOU SHOULD KNOW YOUR...

(Continued from page 2)

equally comfortable managing the finances alone—no matter how much they earn—in order to protect their future.” Robinson advocates getting those furtive figures out of the shadows so you both have a handle on what you have. She suggests setting up a money date and popping these questions:

Where are we going? You should both be able to articulate what you want to achieve in the next 3-5 years. What’s it going to cost? Can you realistically afford it? Are you disciplined enough to save for it? What needs to change now in order to make it happen?

Are we one paycheck away from disaster? How healthy is your emergency fund? Chances are good that at some point you’ll bump into a unanticipated expense like a medical emergency or a failing vehicle. Commit to putting aside 3-6 months of living expenses.

Are we on the same page? What will retirement look like for you? Don’t assume you both want the same things unless you’ve talked it through in advance. If one of you wants to become a globetrotter and the other wants to stay put and perfect that golf swing, you’ve got trouble ahead. Agree on a vision for retirement and make a plan for how to afford it.

Are our papers in order and our wishes known to each other? Anything can happen; are you both clear on each others’ directives as they relate to inheritance, estate planning and eldercare arrangements?

Talking and planning doesn’t just make good money sense, it can bring a welcome sense of calm. Of those surveyed, the 42% who had a financial plan in place were more likely to expect to live a “very comfortable” retirement, and less likely to be concerned about outliving their retirement savings. The results suggest that planning for the future can bring greater peace of mind and alignment as a couple.

“For many, the lack of communication could be as simple as not making time,” says Robinson. “We’re all juggling so many responsibilities and tasks that sitting down and having important financial discussions often gets pushed to the back burner. But it’s critical that couples make the time, and make these discussions a priority. Open communication is an important part of building and maintaining any relationship, and that extends to finances.”



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Benny N. Napoleon

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Commission (District 1)

Timothy Killeen

(313) 224-0920

Prosecutor

Kym L. Worthy

(313) 224-5777

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Important Numbers



Detroit

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(313) 224-3400

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Janice M. Winfrey

(313) 224-3260

City Council Member

(District 4)

Andre L. Spivey

(313) 224-4841

Department of

Neighborhoods

- District 4

District Manager

O'Dell Tate

(313) 236-3518

Asst. District Manager

Toson Knight

(313) 236-3520

DETROIT 2020-HABITAT FOR HUMANITY...

(Continued from page 1)

One of the future home owners is Lea Smith. The 27-year-old is a single, hard-working substitute teacher who takes care of her niece.

She worked right alongside the other volunteers at the BuildUp.

Each Family Partner like Lea must put in a minimum of 250 sweat equity hours to get a zero-percent interest mortgage on a Habitat home.

"I'm 125 hours in, so after my next 125, I'll be ready to close. So, yeah, I am super excited," said Lea Smith with a smile.

Together we built gable walls, garage walls, saw horses and flower boxes for Habitat's annual Blitz Build which is August 15 – 22.

Most of the work was coordinated by so-called "Habituals."

"They caught what we like to call 'habitus,' and they keep coming back. They can't get enough of Habitat," said Dan Garan, Construction Director for Habitat for Humanity Detroit.

They oversaw our new and returning volunteers – individuals, families, local philanthropic groups and our Community Action Team partners – Priority Health, IBEW-NECA, and Fifth Third Bank.

The lumber was donated for the fifth year in a row by Mans Lumber and Millwork in Canton.

English Gardens donated impatiens and soil for flower boxes to beautify the neighborhood.

And Andiamo's new food truck provided a delicious lunch for all our dedicated volunteers.

By the way, there was spontaneous line dancing at lunch – thanks to the Fifth Third Bank bus' music & sound system. We had a blast.

More than 20 team members took part from WXYZ/ WMYD including some familiar faces.

Stephen Clark, Malcom Maddox, and Nima Shaffe joined me, and I'm happy to report we did not pull any muscles – though we might be a little achy.

We encouraged those participating to post their pictures to Facebook, Instagram and twitter with #BuildUp. So, you can check out some of the fun pics there.

Thanks to everybody who took part and supported this event!

If you'd like to volunteer for Habitat for Humanity Detroit, please go their website <http://www.habitatdetroit.org/>



THE ALGER THEATER LAUNCHES CROWDFUNDING CAMPAIGN TO BUILD COMMUNITY SPACE



Adapted from article by Joel Gullickson

Detroiters are no strangers to seeing former jewels of the city come crashing to the ground, or simply fade into obscurity and fall apart.

One of the shining examples of this narrative is the Alger Theater, located at 16451 East Warren Avenue in the MorningSide neighborhood of Detroit.

It was reported several months ago that the theater was hosting a brew and view to help raise funds to renovate the space. Well, while that event was a success, the Friends of The Alger are ramping up for another round of renovations, and they need your help.

"BRINGING THE ALGER THEATER BACK TO LIFE WOULD HAVE A TREMENDOUS IMPACT ON THE COMMUNITY"

Together with the Michigan Economic Development Corporation, the Friends of the Alger Theater have announced a new crowdfunding campaign that will support the continued efforts to restore the historic theater, using a new Michigan-based crowdfunding platform called Patronicity.

The theater is one of only two remaining intact and unchanged neighborhood theaters in the city of Detroit. After suffering from socioeconomic changes and coping with a string of alternative sources of support, the Alger Theater was purchased in 1986 by Friends of the Alger Theater.

Friends of the Alger Theater is a nonprofit community-based organization composed of neighborhood residents and businesses dedicated to preserving the Alger Theater.

The campaign must reach its goal of \$25,000 by Sep. 30, and if it does, they will win a \$25,000 matching grant from the MEDC's Public Spaces Community Places program – a collaborative effort between the MEDC, the Michigan Municipal League and Patronicity, where local residents use crowdfunding to jump-start development projects in their communities and have the chance to receive a matching grant from MEDC.

The funds will help further the group's already impressive restoration efforts, which include repairing the theater's roof, removing asbestos, installing security doors, and fixing up the theater's vacant commercial spaces. Those improvements have allowed the theater to start showing films for the first time in 30 years.

(Continued on page 13)

Important Numbers

• • •

Detroit

Building Safety

Engineering &

Environmental

Dangerous Buildings

Division

(313) 224-2733

Property Maintenance

Division

(313) 628-2451

Fire Department

Executive Fire

Commissioner

(313) 596-2900

Deputy Fire

Commissioner

(313) 596-2900

Important Numbers

• • •

Detroit

Police Department

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(313) 596-2200

Assistant Chief

District Chief

(Neighborhood

Policing)

(313) 596-2520

Eastern District

Commander

5th Precinct Captain

(313) 596-5500

9th Precinct Captain

(313) 596-5900

DETROIT FACTS

Based on Consumption, Detroit is the Potato Chip Capital of the World



We are home to Better Made Snack Foods, and Detroiters have grown up eating potato chips. According to some estimates, Detroiters eat close to 7 lbs. of chips each year. That is 3x the national average. Not sure if that is something to be proud of, but sometimes you just have to be number one in a few things.



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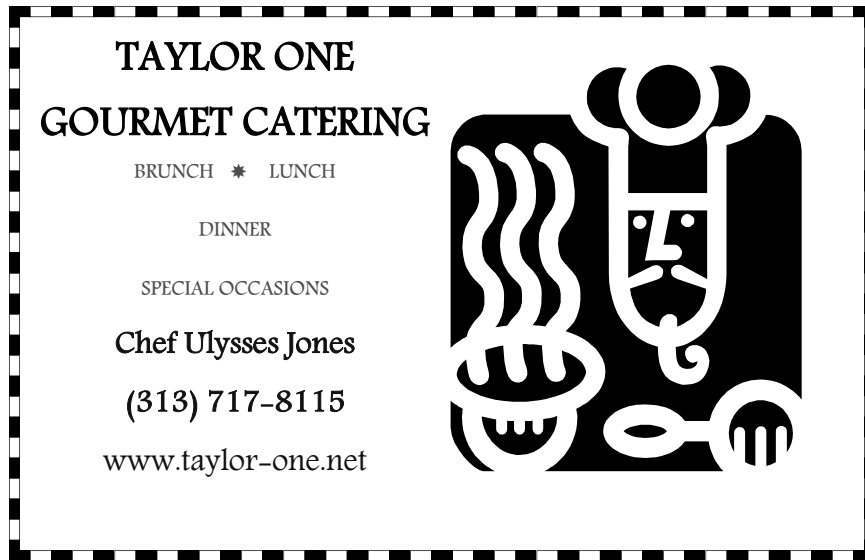


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Sidewalks

(313) 224-3954

Traffic Signs & Signals

(313) 224-1610

Illegal Dumping or Rodent Baiting

(313) 876-0974

MORNINGSIDE DETROIT TRIVIA CONTEST

Each month we will have a MorningSide Detroit Trivia contest. This contest will have a trivia question for MorningSide and a trivia question for Detroit. The winner will be randomly chosen from all correct responses submitted. To enter please send an email to contest@our-morningside.org with your name, address, phone number and the answers to the questions below.

ONLY CORRECTLY SUBMITTED ENTRIES WILL BE ACCEPTED!!!

MorningSide

Who owns the movie theater located in MorningSide? _____

Detroit

What was the name of the first baseball park that the Tigers built?

Last month's answers

MorningSide

Who donated the MorningSide Gateway Park?

The MorningSide Gateway Park located on the corner of Alter Rd. and Mack Ave. was donated to the MorningSide community by DTE Energy. This beautiful park is maintained by volunteers from the community. To volunteer please email communications@our-morningside.org

Detroit

What year was Detroit founded in? _____

Detroit was founded on July 24th, 1701. The motor capital of North America was founded by a man named Cadillac, menaced by one called Pontiac and ultimately given its twentieth-century role by one named Ford.

Last month's winner: no entries

Susan Salas,
J.D., LL.M.

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NEW MENTORING PROGRAM NEEDS LO- CAL VOLUNTEERS



By Kim Russell

Tavonne Dillon's mom says she watched it happen. Her son became a stereotype, another lost boy in Detroit with a dad in prison for dealing drugs.

She tried to stop it, but Tavonne started following dad's path.

"He started hanging with the wrong crowd," said Tashay Dillon.

He didn't graduate from high school, got in fights with gangs, and his mom just knew where he would end up.

"In jail. In the grave," said Dillon of her dreaded predictions.

Now those thoughts are history. She says it is thanks to a neighbor who called the cops on her son for causing trouble on the block with a group of teens. That neighbor then felt bad, and decided to talk to the kids man to man. The neighbor connected with Tavonne.

"After that we started hanging out, and all his friends were happy people. I knew I wanted to be surrounded by happy people, because it changes your attitude," said Tavonne.

The neighbor was Toson Knight, a Deputy Manager for District 4 for the Mayor's Office. He saw potential in Tavonne.

"I was like have you ever thought about college?" recalled Toson.

"It was never in my mind that I was going to college," said Tavonne. "I was stuck doing nonsense."

A pivotal point in Tavonne's life came weeks ago. He got into an argument with suspected gang members in his neighborhood in mom's driveway. Someone pulled out a gun and shot at him twice.

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“I was right there,” said his mom. “It struck terror and I didn’t know what would happen.”

“I grew up in Highland Park. I watched a lot of my friends getting killed,” said Toson. “I showed him the obituaries. I told him these are my friends, that it is nothing but a cycle. You can do better.”

Toson again asked him about college.

“The best place for you to go is to leave,” Toson says he told him.

Tavonne had gotten a GED. Toson helped him through the application processes for financial aid and college. It was late.

Tavonne was turned down by some schools. Toson called his alma mater, Oakwood University in Alabama and asked the school to consider Tavonne’s late application. He didn’t hear anything back until three days before the semester started.

There was room.

“He shot me a text. It said, ‘You’re in.’” said Tavonne.

Days later Toson drove him to the school and helped him move his belongings into a college dorm.

His mom is feeling peace as she watches his path transform.

(Continued on page 12)

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2nd Monday – 9-10:00 a.m. – Grosse Pointe Woods Community Center – in the jury room around back. 20025 Mack

3rd Monday – 9-10:00 a.m. – Grosse Pointe Park City Hall – 2nd level – 15115 Jefferson at Maryland

3rd Monday – 6-7:00 p.m. – Tim Horton’s – 19353 Vernier across from Eastland

Last Monday – Noon -1:00 p.m. - Monteith Library – 14100 Kercheval at Eastlawn

Paid for by: Tim Killeen For Commish, 16260 Lappin, Detroit, Mi 48205

NEW MENTORING PROGRAM NEEDS...

(Continued from page 11)

"He's smart. Too smart to go down the path he was going," she said. "His direction. He lost it somehow, and when he met Toson he found it."

When Tavonne entered Oakwood University a sign said enter to learn. When you leave there is a sign that says depart to serve. Tavonne hopes to do just that.

The teen that weeks ago was involved in "nonsense" with gang members has declared social work his major for now.

The reason?

It is a field that appears, he says, to be one way he can do for others what Toson has done for him.

"I want to help more kids get off the streets, get through high school, and go to college," he says.

You can help too. Toson Knight has started a mentoring program and is looking for volunteers.

You can learn more at <http://www.caughtup.org/>.



THE ALGER THEATER LAUNCHES...

(Continued from page 7)

This round of fundraising will raise money to create a space for enhanced community arts, education, and cultural programming, as well as to help stimulate commercial and residential investment in the surrounding neighborhoods.

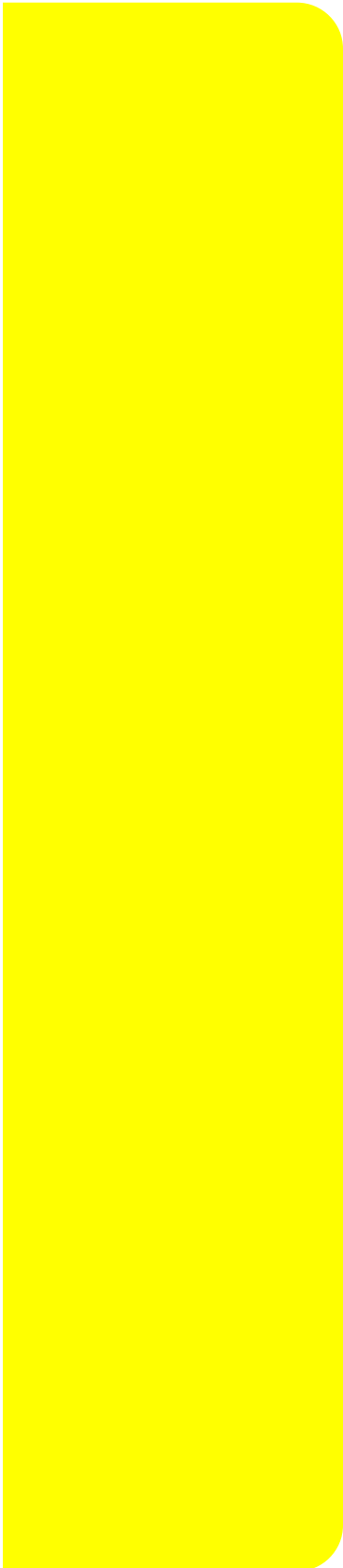
Specifically, funds will go toward the purchase of an audiovisual system that will allow the theater to show films, feature live music, and host community meetings. Additionally, they will fund the construction of a rooftop deck with a public patio, which would be the first of its kind in the area.



“Bringing the Alger Theater back to life would have a tremendous impact on the community, and we are proud to partner in this effort,” said MEDC Community Development Director Katharine Czarnecki. “Public Spaces Community Places is a great resource for communities to help turn vision into reality.”

Friends of the Alger Theater Vice President Mike Gentile echoed the excitement, saying in a recent statement that “We are thrilled that MEDC has chosen to support the Alger Theater. This campaign will greatly accelerate our efforts and help us engage even more of the community in the transformation.”

If you’re so inclined, go here to make your contribution now! (https://www.patronicity.com/project/the_alger_theater#/)



MEN'S HEALTH EVENT 20XV

#FIGHTLIKEAMAN



On Saturday, October 3, 2015, MIU Men's Health Foundation will be hosting the fifth annual Men's Health Event at Ford Field in Detroit from 9AM – 3PM. This free event will provide men a better understanding of how to stay healthy, free health screenings to assess their current health, and information about advances in healthcare. With thousands of attendees and over 3,000 screenings performed last year, we hope to screen as many men as possibly at this year's event!

During the event, there will also be raffle prizes, an "Ask the Doctor" area, health and sport displays, fitness activities, free haircuts, guest speakers and more! Attendees will have the chance to participate in an on-field yoga class led by Detroit Community Yoga. Please bring a yoga mat if you own one! There will also be a full body workout class led by Detroit Tough on the field. Please wear comfortable workout clothing and gym shoes for both activities!

There will be additional activities from 10AM to 3PM including Quarterback Challenge, Pass & Kick and The Drive. Plus, attendees will have the opportunity to kick a field goal on Ford Field!

Free Health Screenings

- Prostatic Specific Antigen (PSA)
- Testosterone
- Glucose
- Cholesterol
- Vital Measurements
- BMI Testing
- Body Fat Percentage and Waist Measurement
- Depression Screening
- Vision Screening
- Dental Screening and Oral Examinations (available until 2PM)
- Hearing Screening (Limited Availability)

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(Continued from page 14)

- HIV Testing
- Skin Cancer Screening

Event Details

- Health Screenings available to men over the age of 18
- Participants are not required to have health insurance to participate in the screenings
- Opportunity to kick a field goal on Ford Field
- On-field yoga classes led by Detroit Community Yoga, and fitness classes led by Detroit Tough
- Live Music by The Session Band
- Men's Health & Sports Displays
- Food Available to Purchase
- Additional on-field activities including Quarterback Challenge, Pass & Kick and The Drive
- Bring your kids and spouses to this family friendly event!
- Free haircuts will be available all day from Dorsey School of Beauty.

Ask the Doctor

Have a question you would like to ask a physician one-on-one? Visit one of the "Ask the Healthcare Expert" tables available all day long and get your question answered!

Parking Information

Convenient parking available at Gate G - \$4.00 per vehicle.

Closest Smart Bus Stop: 36th District Court, 421 Madison Avenue, Detroit, MI 482266



GET RID OF STAINS WITH HOMEMADE CARPET CLEANER

From spilled red wine to muddy shoes, learn how to treat carpet stains.



By Kelly Garvin

The best thing you can do to stop stains from forming is to treat them right away. If a spill happens, don't wait! By putting off the cleanup for later, you are allowing the stain to set in and possibly soak to the mat below, essentially ensuring a permanent stain. Before applying any method of stain removal, be sure to blot the initial spill with a paper towel to soak up excess wetness. Then, try these DIY home remedies to clean stains, maintain the life of your carpet and ensure your good health. But don't forget to test all homemade concoctions on a small, out-of-the-way spot just to make sure your carpet won't react adversely to the solution.

Salt

Salt is an amazing absorber and has several applications. In this case, as soon as a spill happens, grab a helping heap of salt and pour it entirely over the stain. You can't have too much salt. Wait about 10 to 15 minutes, and then vacuum it up. Repeat if necessary until the stain is completely soaked up and gone.

White vinegar

Vinegar works wonders for a plethora of chores, including cleaning walls and counters and getting rid of ants you see on the surface. For carpet stains, put a cup or two of vinegar into a spritzer bottle, and spray the stains liberally. If the harsh vinegar smell bothers you, you can dilute your solution with water. Let the solution stand for a few minutes, then wipe it up. You may need to use a scrub brush to brush the vinegar into the carpet, but try to brush in the natural direction of your carpet's flow. Repeat for tougher stains.

White vinegar and salt

Two tablespoons of salt to a half cup of vinegar in a spray bottle works almost the same way as using just the vinegar, but the salt soaks up the wetness of the stain and draws the dirt and grime particles to the surface. Liberally spray the stain, blot and wipe up the area, then vacuum. Repeat

(Continued on page 17)

(Continued from page 16)

if necessary.

White vinegar and corn starch

One tablespoon of vinegar to 1 tablespoon of cornstarch will create a cleaning paste effective on less forgiving stains.

Spread the solution over the stain and allow it to harden. When the concoction has hardened, scrape up the material with a butter knife, and vacuum.

Club soda

Immediately after a spill, soak up liquid on the surface with a paper towel by lightly blotting the area. Then pour some club soda on a cloth and press it into the stain. Frequently rinse out the cloth and reapply club soda as necessary until the stain is removed.

Baking soda

Baking soda is not so much a stain remover as it is an odor remover. It's best to treat rooms individually, as this process can take a bit of elbow grease and a few hours, perhaps even a day. Spread the baking soda over your carpets and gently rub it in with a rag. Once the room is completely covered and rubbed in, leave it to set in for a few hours or overnight. Slowly and carefully vacuum up the powder. You may need to vacuum twice. The baking soda neutralizes any odors your carpet may have, including pet smells.

IT'S TIME TO CHANGE YOUR PASSWORD

Since 2010, there has been a 680% increase in cyber attacks on the U.S. government. But hackers aren't just interested in the "big guys". Untold thousands of hackers worldwide are trying to acquire your personal information and rip you off.

What can you do? Change your password, or create a better one. Don't post it on the refrigerator or your office laptop.

Cybersecurity begins at home (and in the office). Most data breaches occur after someone shares a password or innocently forks over private information to an unknown party. You don't do either, right?

Stay safe out there!



A community on the rise!

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