

# MorningSider

JULY 2015

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## DUGGAN: NEIGHBORHOOD IMPROVEMENTS ON RECORD PACE



By John Wisely and Jennifer Dixon

The City of Detroit is moving at record speed to relight neighborhoods and knock down abandoned houses in its effort to improve neighborhood safety, Mayor Mike Duggan said in an interview with the Free Press.

"We've cut the police response time in half," Duggan said. "We're picking up illegal dump sites very quickly. We're hauling 600 tons of garbage a week out of illegal dump sites."

Duggan said he has heard some residents complain about the new streetlights but said the feedback has been "90% positive."

"We're executing a plan across the city," Duggan said.

Duggan said his lighting plan has focused on side streets first and main streets with overhead wires second. Main streets, such as Woodward, Gratiot and Jefferson with underground wires, are the last to be replaced because the wires must be dug up and reburied.

*(Continued on page 6)*

# MorningSide

## Executive Board/Ambassadors



### President

Zelda Anderson

### Vice President-

Jackie Grant

Audubon Rd. /Courville St.

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Waveney St.

## HOW TO HAVE A STAYCATION

In these times of rising expenses, it isn't always financially feasible to take a traditional "travel to somewhere nice and stay a while" sort of vacation. Here are some ideas of how to spend that work break at home on a fun and economical "Stay-cation", while enjoying many of the perks of travel.

### Steps

1. **Assess your home and yard.** You should aim to spend plenty of time outdoors relaxing during the summer, so make this evaluation a priority. Ask yourself the following:
  - ⇒ **Do I have a nice, big lawn?** It will be more difficult to spend your staycation outdoors if you're limited to just a small patch of grass off the back door. In that case, research local parks where you can spend time. If you happen to have a large backyard with plenty of open space, you won't even have to venture off your property.
  - ⇒ **Where is the nearest public swimming pool?** Skip this question if you're fortunate to have your own private pool to use at your leisure. Even if you don't, you can fill up a baby pool to splash around in, get wet with the garden hose, or run through a sprinkler head. Check out parks, community centers, and apartment complexes that have full-size swimming pools you may be able to use for a small fee (or free).
  - ⇒ **Do I have a garage or large room that can be temporarily redecorated?** If you're creative enough, you can turn this space into a sort of "staycation central".
2. **Assess your budget.** How much money are you willing to spend to amuse yourself? The good news about staycationing is that you'll save hundreds, if not thousands, of dollars over a traditional out-of-town trip. Budget how much you are willing to spend each day on food, attraction admission, souvenirs from local stores, etc.
3. **Assess your time budget.** How long is your work break?
4. **Begin your planning.** Consider the sorts of things that best help you to relax and unwind. What hobbies do you enjoy? What home-improvement project have you been looking for time with?
5. **Brainstorm and make a list of your options with their approximate cost.**
  - ⇒ Pitch the tent in the back yard. The kids will love it! Set up the camping gear in the back yard and "go camping". (free)
  - ⇒ Move your lawn furniture around. Move your lawn furniture around for a fresh perspective. (free)
  - ⇒ Clean out the garage and set up a projector (rentable) and large screen (or white sheet stretched smooth) to watch your favorite sports. Haul out the comfy chaise lounge and a few end tables and perhaps even set up the barbecue for a couple of days. (rental for the projector)
  - ⇒ Kiddie pools aren't just for kids...Set up the kiddie pool in the back yard, fill it with water, and place the inflatable mattress in it... and enjoy your floating sunbath. (free)



(Continued on page 5)

Greetings MorningSide,

At the June MorningSide general meeting, we had Victoria Kovari, General Manager of Neighborhoods, presented an overview of the D Insurance Plan. The overall responses were very positive! "I can't wait to sign up!!!"

Thank you Mayor Duggan for coming to MorningSide to hear our issues and concerns. At the MorningSide Conversation with Mayor Duggan meeting, we covered the MorningSide Street Ambassadors Program, Block Clubs, vacant home demolition and completion of work after the demolition, the East Warren Business Corridor, and lighting in our area. I'm sure you have seen the lighting authority trucks in our area upgrading the lights.

Please continue to take pride in our community. It starts with you! Our Neighborhood Police officers are writing tickets! If you need code enforcement information please see your street ambassador. Our Gateway Park is in need of perennials. If you have any you can spare please let me know.

Thank you!



Zelda Anderson  
MorningSide President

# MorningSide

## Members -At-Large

### /Ambassadors



**Scotty Boman**

Outer Dr. E. /Whittier St,

**Eric Dueweke**

Wayburn St. /Alter Rd.

**Ulysses Jones**

Beaconsfield St. /Barham St./ Linville St.

**Paul Phillips**

Somerset Ave/Nottingham Rd.

**Pastor Darell Reed**

Lakepointe St. /Maryland St.

**Monique Tate**

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### **Congresswoman**

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(248) 356-2052

### **Senators**

Gary Peters  
(313) 226-6020  
Debbie Stabenow  
(313) 961-4330

## Michigan

### **Governor**

Rick Snyder  
(517) 373-3400

### **State Senator**

Coleman Young II  
(517) 373-7346

### **State Representatives**

(District 1) Brian Banks  
(517) 373-0154  
(District 2) Alberta Tinsley-Talabi  
(517) 373-1776

# BBQ BAKED BEANS



## Ingredients

- |                                 |                             |
|---------------------------------|-----------------------------|
| 6 SLICES bacon                  | 1/2 tablespoon smoked parka |
| 1 ONION, diced                  | 1/2 cumin                   |
| 1 medium size green bell pepper | 1/4 teaspoon salt           |
| 2 (28 ounce) cans baked beans   | 1/4 teaspoon black pepper   |
| 3 TABLESPOON molasses           | 3/4 cup brown sugar         |
| 1 cup of sweet ray's bbq sauce  | 1 TABLESPOON dry mustard    |
| 2 TABLESPOON prepared mustard   |                             |

## Directions

1. Preheat oven to 350 degrees F.
2. Place bacon, green bell pepper and onions in a large, deep skillet. Cook over medium high heat until evenly brown. Drain and set aside.
3. In a large bowl combine beans, molasses, mustard, smoked parka, cumin, salt, black pepper, brown sugar, dry mustard, ham, onions and crumbled bacon. Mix well and transfer to a 2 quart casserole dish.
4. Bake in preheated oven, covered, for 1 hour. Uncover and bake for 1 hour more. Cook time is about 2 – 2.5 hours

Original recipe makes 8 to 10 servings Change

# HOW TO HAVE A STAYCATION

(Continued from page 2)



⇒ Borrow or purchase a volleyball or shuttlecock net and set it up in the yard for family and friends to enjoy. (free to \$20 (USD))

⇒ Picnic in the back yard or local park. Use your "usual" grocery budget on "vacation food" ... foods that you rarely eat "at home" but nearly always eat at the beach, the ball-park, or "on vacation". (no additional cost.)

⇒ Paint a room...Complete a home improvement project. Paint that bedroom, or redecorate that kitchen... (cost varies)

- ⇒ Potatoes going in...Plant a garden (sweat equity and \$40 for seeds and fertilizer)
- ⇒ Modeling Kits. Take up a hobby or craft that you've been interested in, but have never had time for. This could be the optimal time to take up painting or assemble that RC Airplane. (cost varies)
- ⇒ Research local history and attractions. Are there nature centers, parks, museums or other relatively inexpensive places to visit within easy driving distance that you've neglected? (varies)
- ⇒ Arrange to trade homes with a friend. You both get a change of scenery!
- ⇒ Do nothing. Simply "vegetate". Sleep more, watch movies, write an article or two for wikiHow... sometimes "doing nothing" when there is a long "to do" list is more.

## 6. Have some foreign foods

- ⇒ Travel anywhere in the world! If you want to go to China, Make eggrolls! If you want to Mexico, make tacos! If you want to travel home, make a favorite dessert like apple pie, brownies, or chocolate cake!



## 7. Have a "spa" day



⇒ Make bath salts and place them into a nice hot bath. Relax. Then give yourself a facial. Then paint your nails pretty.

## 8. Sleep in a different room

⇒ Try sleeping in a different room to give an effect of you're in a hotel. Sleep in a guest room or even in your living room.

## 9. Call a family conference and solicit more ideas from your family.

## 10. Choose the favorite options from your list and implement them.

## 11. Enjoy your Stay-cation!

## Important Numbers

■ ■ ■

### Wayne County

#### Executive

Warren C. Evans

(313) 224-0286

#### Clerk

Cathy M. Garrett

(313) 224-6262

#### Treasurer

Raymond Wojtowicz

(313) 224-5950

#### Sheriff

Benny N. Napoleon

(313) 224-2222

#### Commission (District 1)

Timothy Killeen

(313) 224-0920

#### Prosecutor

Kym L. Worthy

(313) 224-5777

#### Register of Deeds

Bernard J. Youngblood

(313) 224-5854



# Important Numbers



**Detroit**

**Mayor**

Mike Duggan

(313) 224-3400

**Clerk**

Janice M. Winfrey

(313) 224-3260

**City Council Member**

**(District 4)**

Andre L. Spivey

(313) 224-4841

**Department of**

**Neighborhoods**

**- District 4**

***District Manager***

O'Dell Tate

(313) 236-3518

***Asst. District Manager***

Toson Knight

(313) 236-3520

## DUGGAN: NEIGHBORHOOD...

*(Continued from page 1)*

"We're putting up lights at a rate nobody in America's ever done before. We're working really hard."

The city also is moving to demolish abandoned houses and suing some owners who refuse to fix up their properties.

"We're taking down houses at a rate nobody in America has ever done before," Duggan said.

Duggan is now working to identify new sources of revenue for demolition. The Detroit Land Bank Authority, which auctions off vacant homes and handles much of the city's blight elimination efforts, controls tens of thousands of city-owned homes, enough to keep contractors busy.

But the city doesn't own every house that needs to be torn down, said John Mogk, a Wayne State University law professor who specializes in urban development and land-use planning. That means dealing with thousands of property owners who have title to blighted buildings.

If demolition efforts are targeted to a specific area, such as around a school, some of those properties will likely be privately owned.

"To eliminate those, the city will have to get title, or the Land Bank will bring an action against the owner to demolish or repair the house. That slows it down, in terms of the overall program, to operate at a high level of demolition," Mogk said. "You have to deal with the private owners, one way or another."

Demolition in the MorningSide neighborhood around Clark Preparatory Academy illustrates the city's challenges. Three years ago, Gov. Rick Snyder and then-Mayor Dave Bing announced an initiative to tear down 250 abandoned structures around the school. Since then, about 215 buildings have been torn down and another 34 are scheduled for demolition.

Abandonment, however, continues at about the rate of demolition. The Free Press found about 200 buildings that were either boarded-up or open to the elements in 48 blocks around the school — about half the size of the targeted area.

Duggan acknowledged that more work on blight needs to be done but said the city is doing its best.

"There are limits to the capacity that we can operate at," Duggan said. "But we're operating a lot faster than anyone has operated before. I think people see the progress. Is it coming as fast as I want?"

"No."

## SUMMER SURVIVAL GUIDE

**Aerial Attacks:**

*Angry Wasps*

Wasps are aggressive, so hightail it out of there if you disturb a nest. If a wasp gets you, remove the stinger with a finger-nail or tweezers and apply a topical antihistamine.

*Buzzing Bees*

Swarming bees are not usually after you; they're protecting the queen. But if a swarm does attack, cover your nose and mouth, then call 911. Stings can be deadly.

*(Continued on page 13)*

## BURNS: FIRST AID

### Minor burns

For minor burns:

- **Cool the burn to help soothe the pain.** Hold the burned area under cool (not cold) running water for 10 to 15 minutes or until the pain eases. Or apply a clean towel dampened with cool tap water.
- **Remove rings or other tight wells.**
- **Don't break small blisters (no bigger than your little fingernail).** If blisters break, gently clean the area with mild soap and water, apply an antibiotic ointment, and cover it with a non-stick gauze bandage.
- **Apply moisturizer, aloe vera lotion or gel, or low-dose hydrocortisone cream,** which may provide relief in some cases.
- **If needed, take an over-the-counter pain reliever,** such as ibuprofen (Advil, Motrin IB, others), naproxen sodium (Aleve) or acetaminophen (Tylenol, others).
- **Consider a tetanus shot.** Make sure that your tetanus booster is up to date. Doctors recommend people get a tetanus shot at least every 10 years.



See your doctor if you develop large blisters. Large blisters are best removed, as they rarely will remain intact on their own. Also seek medical help if the burn covers a large area of the body or if you notice signs of infection, such as oozing from the wound and increased pain, redness and swelling.

### Major Burns

**Call 911 or emergency medical help** for major burns. Until an emergency unit arrives, take these actions:

- **Protect the burned person from further harm.** If you can do so safely, make sure the person you're helping is not in contact with smoldering materials or exposed to smoke or heat. But don't remove burned clothing stuck to the skin.
- **Check for signs of circulation.** Look for breathing, coughing or movement. Begin CPR if needed.
- **Remove jewelry, belts and other restrictive items,** especially from around burned areas and the neck. Burned areas swell rapidly.
- **Don't immerse large severe burns in cold water.** Doing so could cause a serious loss of body heat (hypothermia) or a drop in blood pressure and decreased blood flow (shock).
- **Elevate the burned area.** Raise the wound above heart level, if possible.
- **Cover the area of the burn.** Use a cool, moist, bandage or a clean cloth.

### Is it a minor burn or a major burn?

If it's not clear what level of care is needed, try to judge the extent of tissue damage, based on the following burn categories:

#### 1st-degree burn

## Important Numbers

■ ■ ■

### Detroit

#### Building Safety

#### Engineering &

#### Environmental

#### *Dangerous Buildings*

#### *Division*

(313) 224-2733

#### *Property Maintenance*

#### *Division*

(313) 628-2451

#### *Fire Department*

#### *Executive Fire*

#### *Commissioner*

(313) 596-2900

#### *Deputy Fire*

#### *Commissioner*

(313) 596-2900

# Important Numbers

■ ■ ■

## Detroit

### Police Department

#### Chief of Police

James E. Craig

(313) 596-2200

#### Assistant Chief

#### District Chief

#### (Neighborhood

#### Policing)

(313) 596-2520

#### Eastern District

#### Commander

#### 5<sup>th</sup> Precinct Captain

(313) 596-5500

#### 9<sup>th</sup> Precinct Captain

(313) 596-5900

## DETROIT FACTS

***Detroit Was Responsible For Most of the Booze Coming into The United States During Prohibition***



*All things alcohol became illegal in the United States in January, 1920. Prohibition wasn't exactly popular with most people in the country. It also doesn't take a criminal mastermind to look across the Detroit River and see Canada. It is not even a mile across in many places, making it an ideal highway for smuggling spirits. Winter especially became a bootleggers paradise, with the river frozen over it was an easy feat. Lake St. Clair and the St. Claire River heading towards Port Huron were also sieves in which liquor passed through.*

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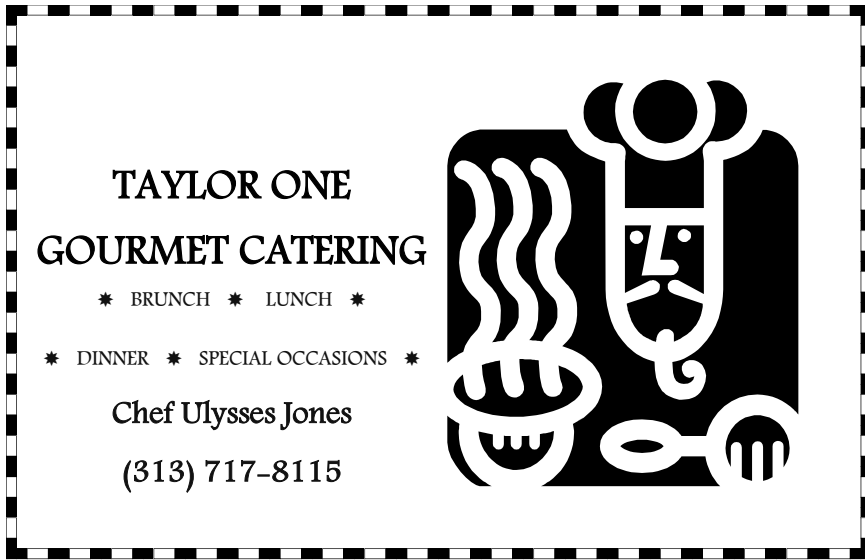
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## Important Numbers

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### Detroit

#### Department of Public

#### Works

Collections (garbage, bulk, yard waste, or recyclables)

Rizzo

(866) 772-8900

Street or Alley Repairs

(313) 224-0033

Sidewalks

(313) 224-3954

Traffic Signs & Signals

(313) 224-1610

Illegal Dumping or Rodent Baiting

(313) 876-0974

## MORNINGSIDE DETROIT TRIVIA CONTEST

Each month we will have a MorningSide Detroit Trivia contest. This contest will have a trivia question for MorningSide and a trivia question for Detroit. The winner will be randomly chosen from all correct responses submitted. To enter please send an email to contest@our-morningside.org with your name, address, phone number and the answers to the questions below.

**ONLY CORRECTLY SUBMITTED ENTRIES WILL BE ACCEPTED!!!**

### MorningSide

What is the name of the movie theater in MorningSide? \_\_\_\_\_

### Detroit

What are the names of the major sports venues within the city of Detroit?  
 \_\_\_\_\_

### Last month's answers

#### MorningSide

Give the full name of the streets that run North South in MorningSide

Alter Rd., Wayburn St., Maryland St., Lakepointe St., Barham St., Beaconsfield St., Nottingham Rd., Somerset Ave., Balfour Rd., Chatsworth St., Berkshire St., Buckingham Ave., Haverhill St., Devonshire Rd., Bedford St., Three Mile Dr., Courville St., Audubon Rd., E. Outer Dr.

#### Detroit

What is the tallest building in Detroit? Detroit Marriott at the Renaissance Center

The tallest skyscraper in Detroit is the 73-story Detroit Marriott at the Renaissance Center, which rises 727 feet (222 m) along Detroit's International Riverfront. It is the tallest building in the state of Michigan, the 97th-tallest building in the United States, and the tallest all-hotel building in the Western Hemisphere

**Last month's winner: no entries**

Susan Salas,  
J.D., LL.M.

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## A CONVERSATION WITH MAYOR MIKE DUGGAN



On Thursday, June 18, 2015, MorningSide's Vice President, Jackie Grant hosted a community leaders meeting with Mayor Duggan in her beautiful home. The Mayor brought several of his staff with him including District 4 Manager O'Dell Tate. During this meeting Mayor Duggan informed the group that he felt like he grew up in MorningSide. His family started a real estate company on the corner of Mack Ave. and Devonshire St. His grandparents lived on Three Mile Drive for nearly 50 years! After attending law school Mayor Duggan dated a young lady that lived on Audubon and used to jog through MorningSide on a regular basis. He remembers the days when MorningSide shined brightly. This was one of the reasons why he chose MorningSide as one of the target neighborhood in Detroit to focus his plan on neighborhood revitalization. As he works hard to stabilize and revitalize various areas of the city he shared some of his plans with the group. Here are some highlights from the meeting:

### **Bringing the city to the national standard for street lighting**

- ◆ Last September, there were 20,000 lights installed throughout the city. As of June 2015, there have been 46,000 lights installed at the national standard level.

### **Emergency Medical Service (EMS)**

- ◆ In September the city will be opening an Emergency Medical Technician (EMT) training Facility inside the Detroit City Airport. It will be used as a vocational center for Detroit Public Schools students to receive EMT training and upon graduation they will be a certified EMT technician.
- ◆ The City has hired 100 new EMT's and there are 38 working ambulances. Below please find the statistics from the mayor:

- ◆ The national average response time is eight minutes

\* January 2014

(Continued on page 11)

(Continued from page 10)

- ⇒ 13 Ambulances
- ⇒ Average Response Time = 18 minutes

\* May 2014

- ⇒ 17 Ambulances
- ⇒ Average Response Time = 14 minutes

\* June 2015

- ⇒ 24 Ambulances
- ⇒ Average Response Time = 10 minutes

**Detroit Department of Transportation (DDOT)**

- ◆ Mayor Duggan is disappointed with the lack of progress he has made with DDOT. 100 new bus drivers will be hired. Security on the bus will be enhanced by adding cameras and police officers on the buses.

(Continued on page 12)

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**Come and visit with your Commissioner at his monthly Chats**

**2nd Monday** – 9-10:00 a.m. – Grosse Pointe Woods Community Center – in the jury room around back. 20025 Mack

**3rd Monday** – 9-10:00 a.m. – Grosse Pointe Park City Hall – 2nd level – 15115 Jefferson at Maryland

**3rd Monday** – 6-7:00 p.m. – Tim Horton’s – 19353 Vernier across from Eastland

**Last Monday** – Noon -1:00 p.m. - Monteith Library – 14100 Kercheval at Eastlawn

Paid for by: Tim Killeen For Commish, 16260 Lappin, Detroit, Mi 48205

## A CONVERSATION WITH MAYOR MIKE...

*(Continued from page 11)*

- ◇ With the goal of achieving the national average of 80% on time routes, the mayor will continue to add new buses to the fleet. The city will be receiving the accordion style buses that will be deployed to the largest routes like Gratiot and Woodward. Below please find some statistics from the mayor:

- \* January 2014

- ⇒ Nation standard fleet for a city the size of Detroit = 188

- ⇒ Running fleet of buses for DDOT = 138

- \* January 2015

- ⇒ Nation standard fleet for a city the size of Detroit = 180

- ⇒ Running fleet of buses for DDOT = 164

- \* June 2015

- ⇒ Nation standard fleet for a city the size of Detroit = 180

- ⇒ Running fleet of buses for DDOT = 175

### Public Safety

- ◆ 600 additional police officers will be assigned to street patrol
  - ◇ 300 new officers
  - ◇ 300 officers assigned to pedestrian task that are able to do street patrol
- ◆ Retired officers will replace the reassigned officers from pedestrian tasks
- ◆ Detroit Police Department (DPD) will participate in the Cease Fire Initiative (an initiative to crack down on gun and gang violence) with various federal agencies.
- ◆ DPD will be the first Police Department in Michigan to make it mandatory for all officers engaging with civilians to wear body cameras
- ◆ A new app will be available soon to make it easy to report prostitution and drug houses anonymously.
- ◆ Starting in September DPD will start using decoy stings to target and arrest “Johns”
- ◆ The city has filed 19 lawsuits against second time raided drug houses.

### Youth Engagement

- ◆ Mayor Duggan set a goal to employ 5,000 youth through summer jobs. He exceed that goal

*(Continued on page 14)*

# SUMMER SURVIVAL GUIDE

(Continued from page 6)

## *Bloodthirsty Mosquitoes*

Repellents with DEET work best. Want to go chemical free? Keep the bloodsuckers at bay with citronella or a fan – or try soybean oil on your skin.



## **A splinter in your thumb**

1. Cut a square from a banana peel and put it white-side down on the splinter.
2. Cover with a bandage. The enzymes in the peel will draw out the splinter.
3. No Banana? Spread Elmer's glue on the splinter, let it dry, and peel it off.

## **Food Poisoning**

Ate some bad potato salad? Suck on ice chips and drink electrolyte-enriched drinks. If the nausea and diarrhea last for more than two days get to a doctor.

## **A Scorching Hot Beach**



Older feet are less sensitive to heat, so you may not realize how hot the sand is until it's already done its damage, which could include second- and third-degree burns, says Shriners Hospital's' David Greenhaigh, M.D.

### **FACT:**

The risk of injury is greater if you're diabetic and have numbness in your feet. In that case, avoid walking bare-foot – or, if you must, walk closer to the water, where the sand is wet and cooler.

### **TIP:**

To avoid burns, wear surf shoes or sandals. If your feet are red, soak them in cool (not ice-cold) water, then slather them with aloe. Seek medical care if they start to blister.

## **Heat Exhaustion**

Your internal cooling system doesn't work as well as you age, so if your feeling dizzy or light-headed and your skin is clammy, those are sure signs you're becoming overheated. Immediately find shade and elevate your feet, then rehydrate with cool water. (Avoid ice water, which is not as easily absorbed.) Pouring cool water on your wrist and feet can also help lower body temp more quickly.

## **Poison (IVY) gas from your bonfire**

(Continued on page 16)



## A CONVERSATION WITH MAYOR MIKE...

*(Continued from page 12)*

by employing 5,600 youth. These young people will be working and learning many different vocations such as carpentry and plumbing.

### **Blight**

- ◆ District 4 Manager O'Dell Tate and Deputy District Manager Toson Knight are responsible with assisting residents of district 4 with blight concerns.
- ◆ One year ago there were vacant lots across the city that had not been cut in three years; today every city owned vacant lot will be cut twice a year.
- ◆ The city is demolishing 150 vacant homes per week across the city. The city still has 30,000 vacant homes left to demolish and the list grows every day. If there are dangerous vacant homes in the city that are not owned by the city, the Detroit Land Bank (DLB) has begun to take legal action against the land owners of these abandoned houses and buildings. Below please find some statistics from the mayor:
  - ◇ The City of Detroit is demolishing 100 vacant buildings across the city
  - ◇ DLB has filed 2,500 lawsuits
  - ◇ 600 contracts were agreed upon, signed and filed
  - ◇ 300 properties were awarded to the city
  - ◇ DLB is selling an average of three houses per day
  - ◇ 100 houses were saved in Yorkshire Woods
  - ◇ 40 houses were saved in Jefferson / Chalmers
  - ◇ 100 houses were saved in East English Village (EEV)
- ◆ The City of Detroit owns 80,000 parcels of land, The city is utilizing the Side Lot Program to turn over some of those properties to residents. This programs states that if you own a home next to a city owned vacant lot you can purchase it from the city for \$100.00. The city is working on expanding the Side Lot Program to be able to give opportunities to churches, community organizations and block clubs to purchase city owned vacant lots in their areas.

### **Grants**

- ◆ President Obama awarded the city of Detroit with a \$5,000,000.00 grant for felons to be able to trained and assisted with returning to the workforce. His thought is if there are jobs waiting for them then they are less likely to return to crime. There are 3,000 offenders returning to back into society. The goal is to go into the prisons and begin the transitioning process.
- ◆ Motor City Match has \$500,000 available per quarter to assist business owners. This will be broken up into \$50,000 or \$100,00 awards to eligible businesses. Businesses that choose to relocate to special corridors targeted for revitalization (such as E. Warren Ave. or Livernois Ave.) will received special incentives in addition to the awards.

# BURNS: FIRST AID

*(Continued from page 7)*

A first-degree burn is the least serious type, involving only the outer layer of skin. It may cause:

- Redness
- Swelling
- Pain

You can usually treat a first-degree burn as a minor burn. If it involves much of the hands, feet, face, groin, buttocks or a major joint, seek emergency medical attention.

## **2nd-degree burn**

A second-degree burn is more serious. It may cause:

- Red, white or splotchy skin
- Swelling
- Pain
- Blisters

If the second-degree burn is no larger than 3 inches (7.6 centimeters) in diameter, treat it as a minor burn. If the burned area is larger or covers the hands, feet, face, groin, buttocks or a major joint, treat it as a major burn and get medical help immediately.

## **3rd-degree burns**

The most serious burns involve all layers of the skin and underlying fat. Muscle and even bone may be affected. Burned areas may be charred black or white. The person may experience:

- Difficulty breathing
- Carbon monoxide poisoning
- Other toxic effects, if smoke inhalation also occurred

Source: <http://www.mayoclinic.org/first-aid/first-aid-burns/basics/art-20056649>

## SUMMER SURVIVAL GUIDE

*(Continued from page 13)*

You know not to touch “leaves of three” but its even more important to keep poison ivy and its cousins, poison oak and sumac off your log pile. For people who are allergic to the urushiol oil in poison ivy - or those with breathing issues such as asthma or COPD – the smoke can be especially dangerous, since a rash can break out on the lungs’ lining, causing extreme pain and respiratory problems.

### **Painful blisters on your feet**

- Try to avoid popping a blister, because the fluid-filled sac serves as a germ shield.
- To dull the pain and speed healing soak the area in cool green tea, brewed strong.
- Down a glass while you're at it; green tea is a powerful anti-inflammatory.

### **A tipped canoe with kids overboard**

If you and the kids are wearing life jackets – you should insist on this – grab the boat’s line and swim to shore, says Cliff Jacobson, a wilderness consultant in River Falls, Wisconsin. If that’s impossible and the shoreline is visible, leave the boat and swim to shore, with the kids always in front of you. If you capsize in water with a current, don’t stand up; the force of the water could mow you down.



## PERFECT PATIOS

From BrightNest

Dinner under the stars is one of life’s simple pleasures, but creating a beautiful outdoor dining space doesn’t have to break the bank. With a few simple tweaks, you can transform your patio into a space fit for a feast. Plus, creating a little incentive to dine at home can save money in the long run – according to the Bureau of Labor Statics, the average household spends nearly \$3,000 a year eating out. Savor the following tips:

### **Bright Idea**

The indoor décor doesn’t have to stop with a rug! Don’t hesitate to bring things like lamps, flower vases and throw pillows outside too.

### **Bonus**

A well-manicure and maintained yard can increase a home’s market value!

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### Know the Role

Instead of letting your outdoor space become a social catch-all zone, choose a specific purpose. Do you want to use the space dinner parties or backyard barbecues? Evening entertaining or daytime lounging? Make a decision and strive to decorate accordingly.

### Plant Perennials

Adding pots full of perennials to your outdoor living space is an easy, cost-effective way to inject some color and visual interest. Why perennials instead of annuals? You only have to plant perennials once and then you enjoy them every year.

### Think Double Duty

Consider furniture pieces that can multitask, such as side tables that work for board-game tournaments and ottomans that can store outdoor essentials such as throw-blankets, sunscreen and bug spray.

### Shop Late

If you need to grab some patio furniture, wait until after July 4 (prices take a dive after this major holiday). Tip: For the very best deals, visit store like HomeGoods and Big Lots at the end of the summer when they're trying to clear inventory to make room for fall accessories.

### Go Big

This may seem counterintuitive, but a few large pieces of furniture will stretch your dollar further than a collection of several small pieces. Plus, if you have limited outdoor living space, using large furniture instead of small pieces will prevent the area from feeling too cluttered.

### Add a Rug

If you have a covered patio or deck, adding a large rug is hands down the biggest-impact move you can make. This piece will tie the outdoor space together and make it feel complete.





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