

MorningSider

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INSIDE THIS ISSUE:

DETROIT ARSON OVER HALLOWEEN, ANGEL'S NIGHT 1

HOW GERMS SPREAD 2

PRESIDENT'S MESSAGE 3

RECIPE OF THE MONTH 4

BLACK FRIDAY TIPS AND SHOPPING ETIQUETTE 5

4 SIGNS THAT YOU NEED MOLD REMEDIATION 6

TRAVELING WITH FOOD TO GATHERINGS OF FAMILY AND FRIENDS 8

HOLIDAY SAFETY TIPS 9

DETROIT ARSON OVER HALLOWEEN, ANGEL'S NIGHT COULD END UP DOWN COMPARED TO PREVIOUS YEARS



By Eric Lacy

DETROIT, MI -- The number of fires reported before Halloween, during the holiday and after it could end up being down in the city of Detroit compared to previous years.

Final statistics aren't in yet, but The Detroit News reported Friday night the number of fires over the two days before Halloween has been hovering under 100 since 2011.

A full report on the city's fight to stop fires is expected to be released Saturday.

The News added in its report the city, between 12:01 a.m. Thursday and 12 a.m. Friday, reported 38 fires -- one fewer than the same time period in 2013.

City officials reported this week that over 3,500 signed up for active street patrols this year to prevent arsons from happening. That number, according to the city, is up from approximately 1,700 last year.

Mayor Mike Duggan was one of the residents who made it a point to patrol the city.

The report on the number of fires Detroit reported from 12:01 a.m. Wednesday and 12:00 a.m. Thursday are listed below.

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HOW GERMS SPREAD

What's the difference between infections spread through the air or by droplets?

AIRBORNE SPREAD

Airborne spread happens when germs float through the air after a person talks, coughs, or sneezes. Those germs can be inhaled even after the original person is no longer nearby.

Direct contact with the infectious person is NOT needed for someone else to get sick.

Germs like chicken pox and TB are spread through the air.

DROPLET SPREAD

Droplet spread happens when droplets that are coughed or sneezed from a sick person splash the eyes, nose, or mouth of another person, or cause environmental contamination, like a soiled bathroom surface or handrails, from which another person can pick up the infectious material.

A person might also get infected by touching a surface or object that has germs on it and then touching their eyes, mouth or nose. Droplets generally travel shorter distances, less than about 6 feet from a source patient.

Germs like plague, meningitis, and Ebola can be spread through large droplets.

How do I protect myself from getting sick?

- **Wash your hands** often with soap and water. If soap and water are not available, use an alcohol-based hand sanitizer.
- **Avoid close contact with people who are sick.**
- **Avoid touching your eyes, nose and mouth.** Germs spread this way
- **Routinely clean and disinfect commonly touched surfaces** like bathroom surfaces, since some germs can stay infectious on surfaces for hours or days and lead to transmission.

HOW EBOLA SPREADS

◆ Is Ebola airborne?

No. Ebola is not spread through the airborne route.

◆ Is Ebola spread through droplets?

Yes. To get Ebola, you have to directly get body fluids (e.g., blood, diarrhea, vomit, urine, semen, breast milk) from someone who is sick with Ebola in your mouth, nose, eyes or through a break in your skin or through sexual contact. That can happen by being splashed with droplets, or through other direct contact, like touching infectious body fluids.

Healthcare providers caring for Ebola patients and the family and friends in close contact with Ebola patients are at the highest risk of getting sick when they touch or are splashed by infectious blood or body fluids from a sick patient.

There has been no recognized spread of Ebola through the air or water.

A Special Thank you

A special thank you goes out to Mary Killeen (Americorps) thank you for all your work and support to help improve the quality of life in the MorningSide community.



Thank you!

Zelda Anderson

MorningSide President

Cont. page 1

DETROIT ARSON OVER HALLOWEEN...

City of Detroit 10/31/2014 - Thousands of Angels' Night patrollers have logged their first night on duty for the 2014 campaign and initial numbers show a reduction from last year's first day fire total, according to Detroit Fire Department Officials.

Between 12:01 AM, Wednesday, October 29th through 12:00 AM, Thursday, October 30th (24-hour period), there were 28 fires, seven of which have been initially deemed as suspicious. This compares to 33 fires that occurred during the same 24-hour period last year, 16 of which were suspicious.

More than 3,500 volunteers have signed up for active street patrols this year, up from approximately 1,700 last year.

"Our volunteers already have done a great job keeping our neighborhoods safe, and we know they will be ready for Angels' Night tonight," said Fire Commissioner Edsel Jenkins.

Below is a breakdown of fires by type over the initial 24-hour reporting period. Of the total number of fires in each category, ones that are deemed suspicious are shown in (parenthesis.)

Time Period: 12:01 AM Oct. 29 – 12:00 AM Oct. 30

Total Fires: 28 (7 suspicious)

Occupied Structures 11 (2)

Vacant Structures 12 (3)

Vehicle Fires 2 (1)

Garage Fires 1 (1)

Trash Fires 2 (0)

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(District 1) Brian Banks

(517) 373-0154

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(517) 373-1776

HUMMINGBIRD CAKE

3 cups all-purpose flour

1 teaspoon baking soda

1 teaspoon salt

2 cups sugar

1 teaspoon ground cinnamon

3 large eggs, beaten

1 cup vegetable oil

1 1/2 teaspoons vanilla extract

1 (8-ounce) can crushed pineapple, undrained

1 cup chopped pecans

2 cups chopped bananas

Cream Cheese Frosting (See below)

1/2 cup chopped pecans

Directions:

Combine first 5 ingredients in a large bowl; add eggs and oil, stirring until dry ingredients are moistened. (Do not beat.) Stir in vanilla, pineapple, 1 cup pecans, and bananas.

Pour batter into three greased and floured 9-inch round cake pans. Bake at 350° for 25 to 30 minutes or until a wooden pick inserted in center comes out clean. Cool in pans on wire racks 10 minutes; remove from pans, and cool completely on wire racks.

Spread Cream Cheese Frosting between layers and on top and sides of cake; sprinkle 1/2 cup chopped pecans on top. Store in refrigerator.



CREAM CHEESE FROSTING

1 (8-ounce) package cream cheese, softened

1/2 cup butter or margarine, softened

1 (16-ounce) package powdered sugar, sifted

1 teaspoon vanilla extract

Directions:

Beat cream cheese and butter at medium speed with an electric mixer until smooth. Gradually add powdered sugar, beating at low speed until light and fluffy. Stir in vanilla.

BLACK FRIDAY TIPS AND SHOPPING ETIQUETTE

Surviving the Shopping Lines Outside

- Dress warmly, but in layers so you don't overheat in the store.
- If you can't decide where to go, call and ask if they'll be offering anything to Black Friday shoppers waiting in line. Free hot drinks or a goodie bag could be the tie-breaker you're choosing between locations.
- Make friends with your neighbors in line - they might know about some great deals!
- Unless you're looking to score a big-ticket item like a laptop, there's no need to be in the front of the line. Arriving an hour early or so should be plenty of time.
- If it's a hot item you're after, call ahead and find out what time customers lined up outside last year and ask what time they suggest you arrive.
- Electronics stores like Best Buy and Fry's tend to have the longest (and earliest) lines. For more popular items, you can often find the same deal at a store like Target but with a smaller line.
- Every year, at least one crazed rush of shoppers makes headlines for mobbing a door when it opens. Don't be that headline; be safe and courteous to employees and other shoppers when entering the building.

Surviving the Shopping Lines Inside

- If you can, try to get your items quickly and efficiently so that you can get in line as soon as possible. For the first few minutes of a store's opening, the registers are a breeze. After that, the lines can get so long, they sometimes wrap around the entire store - particularly at Best Buy, Toys 'R Us, and Wal-Mart.
- Don't hesitate to head to check out because you are choosing between items. Take them both with you and make your decision later - those few extra minutes could be the difference between a short and a long line.
- Wait politely to check out. Do not hold places in line for other shoppers and avoid pushing up against the people in front of you.
- Let people pass through the line when they are still shopping.

Keep It Classy, Black Friday

- Stick to your plan and do not allow your shopping to be derailed by grumpy shoppers.
- Shouting matches and fights over the last item often break out in stores. Remember that you do not have to participate. Just move on.
- Be polite. Let others around you in the aisles. Help someone who is looking for an item if you happen to know where it is.
- Be nice to employees. They're up just as early as you are. And remember - they may be the only thing between you and that last holiday "it" toy in the back.
- It won't be possible to get every item on your list. Don't let disappointment slow you down! Get excited about the deals you successfully track down.
- Have fun. If you're not having fun, you're not doing Black Friday right.

How to (Politely) Get What You Want

- Make your decisions before the doors open. While everyone else is deciding which dollar DVDs they want, you can speed-walk to electronics for that flat screen TV.
- Go to a store you know. If you're familiar with the layout, you're more likely to find items quickly. If not, visit ahead - a little research can go a long way.
- As you go through the store, watch where you are going. You can walk quickly through the store without actually bumping into anyone.
- For stores opening at 8:00pm on Thanksgiving, try visiting between midnight and 3am. Crowds will have died down and they may even be restocking deals.
- Take only what you need - nobody likes the person who scoops up all of one item to turn around and sell it somewhere else.
- If you don't see the item you are looking for, check go-back piles. Sometimes it takes a while for a product to return to the shelf after a customer changes their mind. Cash in on it!

Important Numbers

■ ■ ■

Wayne County

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Clerk

Cathy M. Garrett

(313) 224-6262

Treasurer

Raymond Wojtowicz

(313) 224-5950

Sheriff

Benny N. Napoleon

(313) 224-2222

Commission (District 1)

Timothy Killeen

(313) 224-0920

Prosecutor

Kym L. Worthy

(313) 224-5777

Register of Deeds

Bernard J. Youngblood

(313) 224-5854

Important Numbers



Detroit

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(313) 224-3400

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Kevyn D. Orr

(313) 224-3400

Clerk

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(313) 224-3260

City Council Member

(District 4)

Andre L. Spivey

(313) 224-4841

Department of

Neighborhoods

- District 4

District Manager

O'Dell Tate

(313) 236-3518

Asst. District Manager

Toson Knight

(313) 236-3520

4 SIGNS THAT YOU NEED MOLD REMEDICATION

by Joe Cascone of Mold Pro

The general rule is that when mold is visible, it is time to kill it and remove it. But mold isn't always visible and so there are other criteria to strongly consider when it comes to mold remediation. Here are the four criteria to look for mold in your home.

◆ A water event or occasional/frequent water intrusion

Has there been recent water intrusion? Water does not necessarily equal mold growth as spores have to already be present. But since mold spores are microscopic (2-10 microns), a water event is usually the trigger that causes mold to be seen or otherwise detected.

Note: Mold means moisture or humidity is, or has been present. Water does not necessarily mean mold growth is present.

◆ Discoloration

Most molds cause the organic material the mold is consuming to change colors. Whether the food source for the mold is human food or drywall paper, if colonization is allowed for enough time, there will usually be a discoloration that will reveal a mold problem.

Most molds, when allowed to grow in abundance, are visibly seen in certain colors. Mold is not only black. Many species are visible in gray, white, brown, red and even some hues of pastel colors. Some molds look like dust, or fuzz, while others look like sand granules. Certain molds thrive on certain food sources, and they all require different moisture content or relative humidity in the ambient air.

Note: Water seeping through masonry sometimes causes a white crystalline, powder-like discoloration called "efflorescence". This substance is made up of minerals and should not be confused with mold.

◆ A musty odor

Is there a musty odor that prevails, or come and goes? Some molds are odorous when colonizing. Although some species do not cause odors, when a musty, moldy odor is combined with other criteria, one can conclude that mold is present. Even if mold is not visible, remediation may be necessary.

Note: Some individuals have a great sense of smell. Others may think that they do. Odor alone should not be the only criterion used to determine whether remediation is necessary. Some actively colonizing fungal species give off odors. Dead or dormant spores generally do not, but are just as detrimental to human health. Absence of odor does not mean that there is no mold and odor does not mean that it is caused from fungal growth. Do not rely solely on scent for detection.

◆ Adverse human health effects

A good indication that there is "unacceptable fungal ecology" within a building envelope is that occupants feel health symptoms when spending extended periods of time in a certain space and feel much better when spending extended periods of time outside that space. If residents in a home or employees in a workplace experience congestion, allergy symptoms, headaches, fatigue or respiratory problems after each night's sleep or after the end of each work day, this may be an indication of unhealthy air quality.

One environmental hazard to cause unhealthy air quality is a mold infestation. If one spends a week on vacation away from work and home and all symptoms disappear, perhaps the home, school or workplace has unacceptable fungal ecology or unhealthy indoor air quality.

Voting Tips

Tuesday, November 4th is election day!

- ◇ To find out if you are registered you can go to <https://webapps.sos.state.mi.us/mivote/>
- ◇ Locate your polling place and note hours of operation. To find this out and see a copy of the ballot you can go to <http://www.publius.org/>
- ◇ Plan ahead if you require some form of assistance.
- ◇ For specific information regarding polling locations, call (313) 876-0190
- ◇ **Vote early if you can!!!**
- ◇ Bring a valid form of identification even if it's not required.
- ◇ Report any voting problems or irregularities to state officials or call ACLU voter Protection hotline at (877) 523-2792.

This election is very important for the city of Detroit. **Please exercise your right!**



Tim Killeen

Wayne County Commissioner – District 1

Serving: Detroit’s Eastside, Harper Woods, all Grosse Pointes

Contacts:

313.224.0920 (phone) 313.967.1238 (fax)

tkilleen@waynecounty.com

www.waynecounty.com/commission/district1

In the Community, Working with the Community, to Build the Community

Come and visit with your Commissioner at his monthly Chats

2nd Monday – 9-10:00 a.m. – Grosse Pointe Woods Community Center – in the jury room around back. 20025 Mack

3rd Monday – 9-10:00 a.m. – Grosse Pointe Park City Hall – 2nd level – 15115 Jefferson at Maryland

3rd Monday – 6-7:00 p.m. – Tim Horton’s – 19353 Vernier across from Eastland

Last Monday – Noon -1:00 p.m. - Monteith Library – 14100 Kercheval at Eastlawn

Important Numbers

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Detroit

Building Safety

Engineering &

Environmental

Dangerous Buildings

Division

Dilip Patel

(313) 224-3239

Property Maintenance

Division

Wayne Robinson

(313) 224-3182

Fire Department

Executive Fire

Commissioner

Edsel Jenkins

(313) 596-2900

Deputy Fire

Commissioner

John Berlin

(313) 596-2900

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James E. Craig

(313) 596-2200

Assistant Chief

Eric R. Jones

District Chief

(Neighborhood

Policing)

Darryl Brown

(313) 596-1830

Eastern District

Commander

TBD

5th Precinct Captain

C. Mahone

(313) 596-5500

9th Precinct Captain

H. Rochon

(313) 596-5900

TRAVELING WITH FOOD TO GATHERINGS OF FAMILY AND FRIENDS

By Alice Henneman, MS, RD

It's a time-honored tradition for many people to bring food to gatherings, such as holiday meals. How do you decide who brings what or how to travel with food if you're asked to bring something?

When assigning foods or deciding what to take, consider type of food and distance to travel. Remember the 2-hour rule: Avoid leaving perishable foods at room temperature longer than 2 hours (1 hour in warmer seasons when the temperature is over 90 F). The 2 hours includes preparation time for foods that aren't cooked or foods that need more preparation steps after cooking.

People traveling a long distance might bring non-perishables such as rolls, breads and cookies. Those traveling about a half hour or less can more safely bring perishable foods such as meat, poultry, fish, eggs and dairy products or foods containing these items. Nearer relatives also are a better choice for providing salads, relishes and vegetables.

When traveling with food, keep HOT foods hot (140 F or higher) by wrapping them in foil, and then in heavy towels. Or, carry them in insulated wrappers or containers designed to keep food hot.

Place COLD foods in a cooler with ice or freezer packs or an insulated container with a cold pack so they remain at 40 F or lower, especially if traveling over a half hour.

On arrival, place cold foods in the refrigerator. Place hot foods in an oven hot enough to keep the food at an internal temperature of 140 F or above; use a food thermometer to assure the food stays at a safe internal temperature. Plan to serve foods shortly after guests have arrived.

Another possibility is to carry all perishable food in an ice chest and come early. Then prepare the food after you arrive.

Remember: If you travel with food, take a detour around the "danger zone." Keep hot foods hot (140 F or higher) and cold foods cold (40 F or lower).



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HOLIDAY SAFETY TIPS

- * Make an emergency car kit the American Red Cross suggests the kit should include:
Blankets, fire extinguisher (ABC type), road map, shovel, tire repair kit, extra clothing, flares, and a tow rope.
- * If you must drive in bad weather keep your gas tank full. Let someone know where your going, which route you are planning to take, and when you expect to arrive.
- * Make sure your smoke detectors on every floor of your home are working. Don't leave Portable heaters or fireplaces unattended.
- * Don't overload extensions cords usage should not exceed the recommended wattage.
- * Shop during daylight hours whenever possible. Locate your keys prior to going to your car.
- * Avoid carrying large amounts of cash pay for purchases with credit cards and checks whenever possible.
- * Avoid overloading yourself with packages. Don't leave packages or valuables on the seat of your car. If you must leave something put it out of sight.
- * Beware of strangers approaching you for any reason, people may try various methods of distracting you.
- * Always be aware of your surroundings.

Have a safe holiday!!

MORNINGSIDE HOLIDAY PARTY

Save the Date!!!

Our annual MorningSide Holiday Party will be

December 6th 12:00 pm —4:00 pm

We are looking for volunteer servers, decorators, and clean up crew.

Block Club we are looking for your participation too!

More Details to follow!

Important

Numbers

■ ■ ■

Detroit

Department of Public

Works

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(313) 224-3901

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Rizzo

(866) 772-8900

Street or Alley Repairs

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