

MorningSider

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Meeting of the Minds 2014 - Detroit



Meeting of the Minds is an urban knowledge sharing platform based out of San Francisco, CA. They organize webinars, meetups, roundtables and the annual summit on urban sustainability and connected technologies in the fall.

The annual summit brings together 350 policy makers, innovators, leading thinkers and opinion shapers for two intensive days of thought leadership and industry development.

This year, they chose Detroit for the summit because the city, like many other stars of the industrial age, is now trying to reinvent itself and is searching for a new identity and urban future.

With Detroit as the setting for a discussion of alternative urban futures, these were the kind of questions debated at the Meeting of the Minds 2014 Summit – How are cities redefining themselves? How to revitalize downtowns and suburbs? How to attract talent? How to create cleaner and smarter industry clusters? What is the new definition of a smart city?

There was a press tour on Sept 30 where DTE Energy and Itron took members of the media to discover smart city projects to show how Detroit is transforming into a smarter city. The summit officially began on Oct 1 with a welcome address by Cisco Systems Director Gordon Feller, who is also the co-founder of Meeting of the Minds.

Following the welcome address, urban policy expert and The Kresge Foundation President and CEO Rip Rapson spoke about “Why Detroit Is a Powerful Backdrop for a Discussion on the Future of Cities.”

Another important session in the morning focused on how urban entrepreneurs are launching and scaling up despite red tape.

A panel on how city-regions can attract and retain urban talent discussed everything from the role

“There are more than 100 types of enteroviruses and according to the department they are known to be a rare cause of neurological disease in children...’ choices. “

5 % of Confirmed Enterovirus Cases Are Located In Michigan

By Emily Lawler

LANSING, MI – The Centers for Disease Control and Prevention (CDC) as of Oct. 1 has confirmed 500 cases of enterovirus D68 in the United States, 25 of which are in Michigan.

Enterovirus is very common, but a rarer strain known as EV-D68 has become more prevalent this year and seems to particularly affect children with Asthma or respiratory problems. It can bring on symptoms such as wheezing, difficulty breathing, fever and racing heart rate.

Michigan also has one of several cases of paralysis that have occurred nationwide and may be connected to the virus.

“We have a cluster of children and one in Michigan who have suffered some paralysis. And there seems to be a common thread that these children have enterovirus but I think the CDC is still trying to determine whether there’s a direct link between the partial paralysis and the virus itself,” said Michigan Department of Community Health Director Nick Lyon.



The CDC says it is investigating children in Colorado experiencing limb weakness. It is testing for poliovirus, West Nile and enteroviruses.

There are more than 100 types of enteroviruses and according to the department they are known to be a rare cause of neurological disease in children, according to information from the department.

Lyon said the department was monitoring the virus in Michigan as it does with other clusters of illness. However, it won’t be breaking down the numbers by county because the virus is so common.

He said that parents of asthmatic children should be aware of the virus in Michigan.

“What I would urge any parent is if you have a child who is asthmatic or you suspect of having enterovirus and is really having difficulty breathing, that’s a situation where you need to get that child medical treatment quickly,” Lyon said. In Michigan 34 patients were tested for EV-D68 and 25 cases were confirmed. But the Michigan Department of Community Health doesn’t recommend testing in all cases.

“We’re certainly not trying to test every case. It’s a common virus. There isn’t a specific treatment for the virus itself, there isn’t a vaccine. So really it’s about treating the symptoms,” Lyon said.

Enteroviruses can be transmitted through close contact with somebody who is infected or by touching surfaces they’ve touched and then making contact with one’s eyes, nose or mouth.

The Michigan Department of Community Health recommends people wash their hands often with soap and hot water, cover their mouths when sneezing and avoid close contact with those who are sick.

Greetings to all,

It's that time again! Our neighborhoods need to be protected from Arsonists that are still setting fires. We should feel proud with the progress we have made in the past years. **WE CAN'T STOP NOW!** Please join us for another successful Angel's Night.

Please volunteer for Angel's Night Watch October 29th, 30th, and 31st from 6:00 p.m. to 12:00 a.m. at the Spirit of Love Missionary Baptist Church, 15635 Mack Ave. Please tell all your neighbors and friends. Register by calling (313) 881-4707 or by email to communications@our-morningside.org

You can help in many ways:

- ◆ Watch your block
- ◆ Adopt a house in your neighborhood
- ◆ Turn on your porch lights
- ◆ Keep your eyes and ears open, report an arsonist.

Thank you!

Zelda Anderson

MorningSide President

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Meeting of the Minds 2014 - Detroit

of talent in revitalizing cities to the current situation in Detroit and other cities where there's a disconnect between significant job growth in 21st century jobs and populations that do not have the tools to access these emerging careers.

Lincoln Institute of Land Policy Director of Public Affairs Anthony Flint and Rob van Gijzel, Major of Eindhoven, The Netherlands, talked about turnarounds and remaking legacy cities.

The post-lunch breakout sessions on the first day included eight different workshop tours to demonstrate everything from small-scale revitalization to launching and building an innovation economy, demolitions and green infrastructure strategies, retrofitting legacy infrastructure and smart city solutions. One of the workshop tours included a tour through the city to learn how communities are using Mesh Network technology. The tour included Ewald Circle, MorningSide and Cass Corridor.

Sessions on the second day included a discussion on the power of the Internet of Everything – How city services become city solutions. There were also panels on the coming revolution of small-scale urban industrial development, resiliency challenges, innovations in city service delivery, open data, and more.

MorningSide

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Chicken Tortilla Soup

1 onion chopped

3 cloves of garlic minced

1 tablespoon of olive oil

3 tablespoons of chili powder

1 teaspoon dried oregano

1 (28 ounce) can crushed tomatoes

1 (10.5 ounce) can chicken broth

1 1/4 cups of water

1 cup whole corn kernel, cooked (frozen corn is best)

1 cup white hominy

1 (4 ounce) can chopped green chile peppers

1 (15 ounce) can black beans, rinsed and drained

1/4 cup of fresh chopped cilantro

2 boneless chicken breasts halves cooked and cut into bite-size pieces

Crushed tortilla chips

shredded Monterey Jack cheese

chop green onions

(optional sliced avocado)

Directions:

1. In a 6.5-Qt. covered Stockpot, heat oil over medium heat, sauté onions and garlic in oil until soft. Stir in chili powder, oregano, tomatoes, broth, and water and bring to a boil and simmer for 8 to 14 minutes.
2. Stir in corn, hominy, chili's, beans, cilantro, and chicken, simmer for 10 to 20 minutes.
3. Ladle into individual serving bowls and top with crushed tortilla chips, Monterey Jack cheese, sliced avocado (optional), chopped green onion and you're ready to serve!



Serves 8

3 Things You Should Not Carry In Your Purse or Wallet

More than eight million Americans were the victims of identity theft last year. What the personal information thieves are looking for can often be found right in your wallet--which is why it's so important to know what's in there. Mellody Hobson, president of Ariel Investments, talks about what you should and should not have in your wallet.

- **Your wallet can contain your life, which is not always a good thing. Let's start with what we should keep in our wallets. Credit cards?**

Yes, you should carry a credit card. But just one credit card. The good news is that most people now have two credit cards, which is down from three cards just a year ago. I like this trend. The more cards you carry, the more likely you are to over-extend yourself. Also remember even if you have a credit card in your wallet but never use it, it adds to your available credit, which affects your credit rating.

- **So you should carry some cash?**

I do think it is important to carry some cash. Studies show that when people use plastic versus cash they spend 12-18 percent more. Also, you don't want to use your credit card or debit card to buy things like gum and other small purchases. If you're just paying your minimum balance, you could end up paying interest on those small purchases.

- **We all remember George Constanza's wallet stuffed with receipts. Should we save all our receipts, and is our wallet the right place to keep them?**

Receipts not only clutter your wallet, but they could contain information about you that identity thieves could use. So you should take any receipts out of your wallet every night. Either reconcile them at the end of the week online against your bank account or credit card website, or save them until the end of the month and reconcile them against your monthly statements. But don't store them in your wallet.

- **What else should you not have in your wallet?**

The number one thing you should not carry in your wallet is your social security card. If it gets into the wrong hands, it can be used for everything from buying a car to opening a credit card. You should also never carry your passport in your wallet. Even if you are traveling in a foreign country, leave your passport in your hotel and just carry a photocopy of the picture page. And of course do not keep a list of your pins and passwords in your wallet. That would be a gold mine to a thief. Keep those passwords at home.

- **What else should we take out of our wallets?**

Don't keep anything in your wallet that has expired. This includes old credit cards or membership cards. Just because they've expired doesn't mean thieves will not try to use them. Also remember most of them have at least your name on it, and probably your address and other personal information. The more information you can keep out of the hands of others, the better.

Many people carry old hotel key cards in their wallet. Although almost all U.S. hotels do not put personally identifiable information on their key cards, the cards can often be used to make purchases at the hotel spa or gift shop. My best advice is destroy them after you have checked out, you don't need to return them to the hotel.

Mellody Hobson's Extra Tips:

- ⇒ Get a smaller wallet. This will force you to only carry around the essential items.
- ⇒ If your wallet is stolen make sure you file a police report immediately, and contact all three credit reporting agencies, your credit card companies, and your bank.
- ⇒ When you are traveling, make sure you keep your wallet in your front pocket, that way it will be a lot harder for someone to pickpocket you.

MorningSide

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■ ■ ■

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7 Tips to Block Pests Looking for a Winter Home Inside Yours

Date Published: Sep 02 2014

by Eric Scherzinger of Scherzinger Pest Control

In preparation for the winter months ahead, it's a good idea to know what common fall pests are preparing to move inside, and what you can do to prevent these invaders from taking residence in your home.

This time of year, the most common types of pests are overwintering pests – pests that come looking for shelter during the cold months. In central Ohio, the most common overwintering pests are mice, ladybugs, stink bugs and spiders. Although wasps are also commonly found hiding out around garages, gazebos and other outdoor structures.

Signs that pests are invading your home for the winter

Many times, these invaders go unnoticed; successfully hiding without detection all winter long only to be discovered as they emerge in the springtime. Most overwintering pests do not cause harm to humans or their property, but pests like mice or roaches can be very destructive. Knowing what signs to look for with overwintering pests can help prevent their invasion before it starts. So keep an eye out for rodent droppings, spider webs, screens with holes or tears as well as chewed-through wires, woodwork and furniture with teeth marks

Where to look for overwintering pests hiding in your home

Because most overwintering pests are discreet and don't show many signs of destruction or obvious mess, it's important to know where to find them. Overwintering pests usually hide in out-of-the-way locations – places that are often undisturbed and overlooked, such as:

- Attics, basements and crawl spaces
- Cupboards, closets and storage units
- Holes, cracks and crevices within interior and exterior walls
- Behind large appliances
- Outdoor structures

How to prevent pests invading your home in winter

But don't despair – there are many ways to prevent pests from entering your home over the winter. Many of our same cold-weather preparations and preventive actions can be used to secure and seal off our homes from potential pests. Here are seven ways you can protect your house from invading pests and bugs.

1. Caulk and seal all holes, cracks and crevices of your foundation, windows and doors.
2. Clean, organize and de-clutter cupboards, closets and storage units.
3. Discard paper and cardboard boxes, as these attract pests.
4. Seal storage and food items in tight, secure plastic containers.
5. Check pipes and plumbing for leakage.
6. Leave firewood outside away from the house.
7. Place mesh screens on foundation or attic vents.

Although not always completely avoidable, overwintering pests are normally more annoyance than a threat. With the right precautions and preparations, you can greatly reduce potential invaders in your home. Should those unwanted guests become a problem, consider hiring a pro-

Voting Tips

Monday October 6th is the last day to register to vote for the November 4th election!

- ◇ To find out if you are registered you can go to <https://webapps.sos.state.mi.us/mivote/>
- ◇ Locate your polling place and note hours of operation. To find this out and see a copy of the ballot you can go to <http://www.publius.org/>
- ◇ Plan ahead if you require some form of assistance.
- ◇ For specific information regarding polling locations, call (313) 876-0190
- ◇ **Vote early if you can!!!**
- ◇ Bring a valid form of identification even if it's not required.
- ◇ Report any voting problems or irregularities to state officials or call ACLU voter Protection hotline at (877) 523-2792.

This election is very important for the city of Detroit. **Please exercise your right!**



Tim Killeen

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www.waynecounty.com/commission/district1

In the Community, Working with the Community, to Build the Community

Come and visit with your Commissioner at his monthly Chats

2nd Monday – 9-10:00 a.m. – Grosse Pointe Woods Community Center – in the jury room around back. 20025 Mack

3rd Monday – 9-10:00 a.m. – Grosse Pointe Park City Hall – 2nd level – 15115 Jefferson at Maryland

3rd Monday – 6-7:00 p.m. – Tim Horton's – 19353 Vernier across from Eastland

Last Monday – Noon -1:00 p.m. - Monteith Library – 14100 Kercheval at Eastlawn

Halloween Food Safety Tips for Parents

Take these simple steps to help your children have a fun – and safe – Halloween

- Children shouldn't snack while they're out trick-or-treating. Urge your children to wait until they get home and you have had a chance to inspect the contents of their "goody bags."
- To help prevent children from snacking, give them a light meal or snack before they head out – don't send them out on an empty stomach.



- Tell children not to accept – and especially not to eat – anything that isn't commercially wrapped.

- Parents of very young children should remove any choking hazards such as gum, peanuts, hard candies or small toys.

- Inspect commercially wrapped treats for signs of tampering, such as an unusual appearance or discoloration, tiny pinholes, or tears in wrappers. Throw away anything that looks suspicious.

And follow these tips for Halloween parties at home

- If juice or cider is served to children at Halloween parties, make sure it is pasteurized or otherwise treated to destroy harmful bacteria. Juice or cider that has not been treated will say so on the label.

- No matter how tempting, don't taste raw cookie dough or cake batter.
- Before going "bobbing for apples," an all-time favorite Halloween game, reduce the number of bacteria that might be present on apples and other raw fruits and vegetables by thoroughly rinsing them under cool *running* water. As an added precaution, use a produce brush to remove surface dirt.
- "Scare" bacteria away by keeping all perishable foods chilled until serving time. These include, for example, finger sandwiches, cheese platters, fruit or tossed salads, cold pasta dishes with meat, poultry, or seafood, and cream pies or cakes with whipped-cream and cream-cheese frostings. Cold temperatures help keep most harmful bacteria from multiplying. And don't leave the food at room temperature for more than two-hours.

"Food." Halloween Safety Tips for Parents. N.p., n.d. Web. 03 Oct. 2014.

Octobers Events

International Day of Non-Violence Oct. 2nd

International World Teacher's Day Oct. 5th

National fire prevention Week, Oct. 5th -11th

National Coming Out Day Oct. 11th

Free thought Day Oct. 12th

National Day of Spain Oct. 12th

Thanksgiving (Canada) – Second Monday of October

Columbus Day (Most of United States) – Second Monday of October

Pregnancy and Infant Loss Remembrance Day - October 15

World Food Day – October 16

Spirit Day – October 20

Apple Day – October 21

International Stuttering Awareness Day – October 22

Navy Day (United States) – October 27

Mesh Networks and Digital Stewardship

Given acute challenges to livelihoods and quality of life in parts of Detroit and the growing importance of digital connectivity the development and use of local communications infrastructure has emerged as an effective community revitalization tool. The Detroit Digital Justice Coalition and the Allied Media Projects, with support from the Open Technology Institute, have pioneered a training program called "Digital Stewards" which helps local residents become the custodians of their local digital ecosystems. We have three Digital Stewards in MorningSide, Ulysses Jones, Paul Phillips and Monique Tate. The Detroit Digital Stewards use open source technologies, including wireless mesh, to provide affordable Internet access in their neighborhoods via home-grown communications infrastructure. These rapidly deployed, ultra-low-cost networks are real-world examples of how to use innovative technologies and business models to extend broadband access and strengthen community ties. They support community problem-solving, allowing neighbors to share Internet connections or functioning as local "Intranets" with standalone applications like local chat or shared digital libraries.

Currently we have two networks in MorningSide. One on Bedford Street and the other on Mack Ave. These two networks are in the infancy of the MorningSide Mesh Project. As neighbors, allies, and business owners we are counting on you to help make this project a success. If you would like to volunteer in the efforts to develop a viable wireless network within MorningSide Please contact the MS Mesh team via email (mesh@our-morningside.org) or by phone (313- 437-3884).



A community on the rise!

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