

Volunteers Needed

The MEC Neighborhood Patrol --
contact Jerome @ 313 475-2754

The Newsletter -- contact Zelda @313 657-7152.



Flu Prevention

The flu spreads easily from person to person. PREVENTION is the key to maintaining a healthy environment during flu season. Here are some simple steps you can take to help keep yourself and your family healthy this flu season:



Get vaccinated. According to the CDC, influenza vaccination is safe and effective and is the single best way to help protect yourself and your family from the flu each year. Since the virus and the vaccine changes every year, it is important to get a vaccination annually.

Wash your hands. Frequent hand washing keeps lots of germs out of our bodies, including the influenza virus. If soap and water are not available, use a hand sanitizer.

Stay home if you don't feel well. Should you become infected, keep the germs from

spreading by staying home – and don't forget to take care of yourself!

Do the elbow cough. Cough into elbows, not hands where it's more likely to spread bacteria and viruses through touch.

Avoid touching your eyes, nose, or mouth. Germs spread this way.

Clean and disinfect surfaces or objects. Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill.

Family Events

Zoo Boo will be held on the evenings of **October 11-13, October 18-20 and October 25-27**, rain or shine. Zoo Boo is held from 6 to 8 p.m. on Fridays and 5 to 8 p.m. on Saturdays and Sundays. Tickets may sell out, so advance ticket purchase is encouraged! Time slots for **Zoo Boo** are

5 p.m. (Saturdays and Sundays only), 5:30 p.m. (Saturdays and Sundays only)
6 p.m., 6:30 p.m., 7 p.m., and 7:30 p.m.
Gates close for entry at 8 p.m.

Advance tickets are \$8 per person, ages 2 and up. Children under 2 are free.

Parking is free for Members during regular Zoo hours. Parking is \$5 per car for all guests, including Members, for special events and evening events.

Tickets can be purchased at Window One at the front of the Zoo or online.

If a date and time slot is not sold out, a limited number of tickets may be available at the gate that day after 5 p.m. for \$11. Parking is \$5 per car for all Zoo members and non-members. Zoo Boo is a rain-or-shine event. No refunds or exchanges.

October 4-6, 2013 --90th Annual International Festival Southfield Pavilion, 26000 Evergreen Rd., Southfield

A fun, affordable, "enriching" event for the entire family. This festival offers international music, and dance performances throughout the weekend. Attendees can purchase various products, handmade crafts, fabrics, jewelry, apparel, and unique gifts from around the world. For more info, contact (248) 796-5130.



October 5, 2013

A community on the rise!

Volume 1 Issue 11

MorningSide

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Angel's Night Watch

Greetings to "A Community On The Rise". Our city needs our service again to protect our neighborhoods from the Arsonist that are trying to harm our communities by setting fires. Today is a new day promising peace, safety, and a new direction for the city. We have had a enough from those that don't share the same pride and sentiments about the City of Detroit. The change starts now with all of us joining together for the same cause by making Angel's Night a success with no fires.

We can do this by volunteering our time on October 29th, 30th, and 31st, from 6:00 p.m. to 12:00 a.m. at the Spirit of Love Missionary Baptist Church, 15635 Mack Ave. Please share this good news and effort to make a difference in your neighborhoods. Register by calling 313-881-4707 or by email to communications@our-morningside.org Thank you.

O'Dell Tate - MorningSide-President

Voting Tips

Vote early if you can!!!

Locate your polling place and note hours of operation.

Plan ahead if you require some form of assistance.

Bring a valid form of identification even if it's not required.

Report any voting problems or irregularities to state officials or call ACLU voter Protection hotline at 1-877-523-2792.

This election is very important for the City of Detroit.

Please exercise your right.

Our Next Meeting

Saturday, November 2, 2013
12:00 p.m. until 2:00 p.m.
Peace Lutheran Church
15700 E. Warren Ave.
Detroit, MI 48224

October/November 2013

Voting Tips	1
Halloween Safety Tips	2
Winterize Your Car	3
Apple Orchards	4
Angel's Night	5
Gateway Project	6
Eastern District Night Out	7
Flu Prevention	8
Family Events	8

HALLOWEEN SAFETY TIPS

Walk Safely

Children under 12 should trick-or-treat and cross streets with an adult. Cross the street at corners, using traffic signals and crosswalks.

Look left, right and left again when crossing and keep looking as you cross. Walk--don't run, across the street.

Teach children to make eye contact with drivers before crossing in front of them.

Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.

Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.

Trick or Treat With an Adult

Children under the age of 12 should not be out at night without adult supervision. If kids are mature enough to be out on their own, they should stick to familiar areas that are well lit and trick-or-treat in groups.

Keep Costumes Both Creative and Safe

When selecting a costume, make sure it is the right size to prevent trips and falls.

Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.

Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.

Have kids carry glow sticks or flashlights to help them see and be seen by drivers.

Double Check Candy and Costumes

Check treats for signs of tampering before children are allowed to eat them.

Remind children to eat only treats in their original, unopened wrappers.

Candy should be thrown away if the wrapper is faded or torn, or if the candy is unwrapped.

While glow sticks are good for visibility, remember that the liquid in glow sticks is also hazardous, so parents should remind children not to chew on or break them.

Look for non-toxic designations when choosing Halloween makeup.

Drive Extra Safely on Halloween

Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.

Take extra time to look for kids at intersections, on medians and on curbs.

Enter and exit driveways and alleys slowly and carefully.

Eliminate any distractions inside your car so you can concentrate on the road and your surroundings.

Drive slowly, anticipate heavy pedestrian traffic and turn your headlights on earlier in the day to spot children from greater distances.

- See more at: <http://www.safekids.org/tip/halloween-safety-tips#sthash.oS25Oddv.dpuf> Halloween Safety

Advertise in your MorningSide Newsletter

Contact Zeld Anderson@ 313 657-7152

or Bob Lavoy 313 354-4369

Advertisements placed in this publication are **paid ads** and **are not** an endorsement or recommendation of any product, service, or candidate.

Eastern District National Night Out

The Eastern District night out was a huge success. The National Night Out is an ongoing effort to strengthen relationships between businesses, police and the community to unite against crime. The overall goal is to send a message to criminals that our neighborhoods are organized and will fight back against crime.



It's Here Our MorningSide Calendar Fundraiser Prepare to put your best face forward!!

MorningSide is preparing an 18-Month Community/Partner calendar that will showcase our work, our neighborhood and more. You are welcome to be a part of the excitement. Please see any Board Member for details.

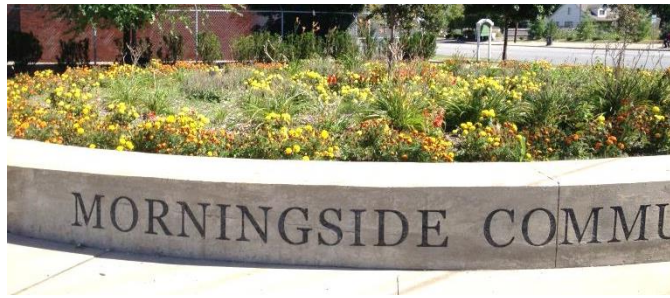
Roasted Pumpkin Seeds (The Old Fashioned Way)

- 1 ½ cups raw whole pumpkin seeds
- 2 teaspoons melted butter
- 1 pinch of salt

Directions

Preheat oven to 300 degrees F (150 degrees C). Toss seeds in a bowl with the melted butter and salt. Spread the seeds in a single layer on a baking sheet and bake for about 45 minutes or until golden brown; stir occasionally

Gateway Project



We are asking for volunteers to spruce up our beautiful Gateway—located on the corner of Mack and Alter Road.

If you can donate supplies, use your creativity to beautify it, pull weeds, plant flowers, water it, or whatever you can do to assist is much needed and appreciated. Please contact Bob Lavoy at 313 354-4369

Holiday Seasons Are Approaching!!!

Keep safety **FIRST** in your mind.

-- Be aware of your surroundings.

--If a place/person/situation is making you uncomfortable, it's for a reason. Follow your first mind.

-- Try to park in well-lit, public areas. Try to ride/shop with a friend. There is safety in numbers.

--When it comes to safety, you **ARE** your brother's keeper. Look out for your neighbors.

WILLIE BELL FOR POLICE COMMISSIONER
DETROIT DIST. 4

EXPERIENCE & EDUCATION:

- * U.S. Army Sergeant, Veteran of the Vietnam War
- * Detroit Police Dept. Lieutenant, 32 yrs. of Service
- * Central Michigan Univ., Bachelor of Science Community Development

COMMUNITY INVOLVEMENT

- * Plymouth United Church of Christ, Deacon
- * National Black Police Association, Past Chairman
- * Detroit NAACP, Past Board Member
- * Dominican High School & Academy, Basketball & Track Coach
- * East English Village, 39 yr. Resident

PUBLIC SAFETY IS JOB ONE

PAID FOR BY THE COMMITTEE TO ELECT WILLIE BELL - PO BOX 241398, DETROIT, MI 48224
FOR MORE INFORMATION ABOUT WILLIE BELL.
EMAIL: ELECTWILLIEBELL@OUTLOOK.COM OR CALL 313.473.7870



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Winter is Coming - Get Your Car Ready

Winterize Your Car. Driving in the winter means snow, sleet and ice that can lead to slower traffic, hazardous road conditions, hot tempers and unforeseen dangers. To help you make it safely through winter, here are some suggestions from the National Safety Council to make sure that you and your vehicle are prepared.

Weather. At any temperature -- 20° Fahrenheit below zero or 90° Fahrenheit above -- weather affects road and driving conditions and can pose serious problems. It is important to monitor forecasts on the Web, radio, TV, cable weather channel, or in the daily papers.

Your Car

Prepare your car for winter. Start with a checkup that includes:

- Checking the ignition, brakes, wiring, hoses and fan belts.
- Changing and adjusting the spark plugs.
- Checking the air, fuel and emission filters, and the PCV valve.
- Inspecting the distributor.
- Checking the battery.
- Checking the tires for air, sidewall wear and tread depth.
- Checking antifreeze levels and the freeze line.

Your car should have a tune-up (check the owner's manual for the recommended interval) to ensure better gas mileage, quicker starts and faster response on pick-up and passing power.

Necessary Equipment. An emergency situation on the road can arise at any time and you must be prepared. In addition to making sure you have the tune-up, a full tank of gas, and fresh anti-freeze, you should carry the following items in your trunk:

- Properly inflated spare tire, wheel wrench and tripod-type jack
- Shovel
- Jumper cables
- Tow and tire chains
- Bag of salt or cat litter
- Tool kit

Essential Supplies. Be prepared with a "survival kit" that should always remain in the car. Replenish after use. Essential supplies include:


- Working flashlight and extra batteries
- Reflective triangles and brightly-colored cloth
- Compass
- First aid kit
- Exterior windshield cleaner
- Ice scraper and snow brush
- Wooden stick matches in a waterproof container
- Scissors and string/cord
- Non-perishable, high-energy foods like unsalted canned nuts, dried fruits, and hard candy.

In addition, if you are driving long distances under cold, snowy, and icy conditions, you should also carry supplies to keep you warm such as heavy woolen mittens, socks, a cap and blankets.

If You Become Stranded...

- Do not leave your car unless you know exactly where you are, how far it is to possible help, and are certain you will improve your situation.
- To attract attention, light two flares and place one at each end of the car a safe distance away. Hang a brightly colored cloth from your antenna.
- If you are sure the car's exhaust pipe is not blocked, run the engine and heater for about 10 minutes every hour or so depending upon the amount of gas in the tank.
- To protect yourself from frostbite and hypothermia use the woolen items and blankets to keep warm.
- Keep at least one window open slightly. Heavy snow and ice can seal a car shut.
- Eat a hard candy to keep your mouth moist.

Looking For Fall Fun for the Family? Visit an Apple Orchard



It's prime time for spending a day at an apple orchard. And in southeastern Michigan there are plenty of apple orchards and cider mills to visit. Michigan apple orchards offer many varieties. If you're looking for a certain one, like the sought-after Honeycrisp, be sure to call ahead to check availability. Also, not all orchards offer U-pick, but do have apples from their orchards for sale. Keep in mind hours may change based on the weather and apple crop availability. Here is a partial list of orchards in the area:

- 1. Grainger's Orchard & Cider Mill - 2588 Pinckney Rd., Howell**
When: 10 a.m.-5 p.m. Mon.-Sat., 11 a.m.-5 p.m. Sun. through Nov. 1. **For info:** 517-546-0909
- 2. Markillie Orchard -- 5200 N. Latson, Howell**
When: 2-6 p.m. Fri., 10 a.m.-6 p.m. Sat.-Sun. until mid-Nov. **For info:** 517-546-3485
- 3. Blake's Orchard & Cider Mill -- 17985 Armada Center, Armada**
When: 8 a.m.-6 p.m. daily through Dec. 23; U-pick orchard closes at 5 p.m.
Also nearby: Blake's Almont Orchard, 5600 Van Dyke (at 38½ Mile) in Almont, 810-798-3251, 8 a.m.-6 p.m. daily; U-pick closes at 5 p.m. **For info:** 586-784-5343 or www.blakefarms.com
- 4. Miller's Big Red Apple Orchard -- 4900 W. Thirty-two Mile, Washington Twp.**
When: 9 a.m.-7 p.m. daily year-round. U-pick hours 9 a.m.-6 p.m. weekdays and 9 a.m.-5:30 p.m. weekends.
For info: 586-752-7888 or <http://millers-bigred.com>
- 5. Stony Creek Orchard & Cider Mill -- 2961 W. Thirty-two Mile, Romeo (Bruce Twp.)**
When: 9 a.m.-6 p.m. daily through Dec. 31. 10 a.m.-5:30 p.m. Fri.-Sun. Jan.-April **For info:** 586-752-2453
- 6. Verellen Orchards -- 63260 Van Dyke, Romeo -- Open all year: 6:30 a.m.-6 p.m. weekdays, 7 a.m.-6 p.m. weekends, [For info: 586-752-2989 or www.verellenorchards.com](http://www.verellenorchards.com)**
- 7. Westview Orchards & Adventure Farm -- 65075 Van Dyke at 30 Mile, Washington Twp.**
When: Farm market open 8 a.m.-6 p.m. daily through Dec. 24. U-pick apples and pumpkins 10 a.m.-5 p.m. daily until Oct. 31. **For info:** 586-752-3123 or www.westvieworchards.com
- 8. Franklin Cider Mill -- 7450 Franklin Rd., at 14 Mile, one mile west of Telegraph, Bloomfield Twp.**
When: 7 a.m.-6:30 p.m. Mon.-Fri., 8 a.m.-6:30 p.m. Sat.-Sun. through Dec. 1. **For info:** 248-626-2968
- 9. Long Family Orchard, Farm & Cider Mill -- 1540 E. Commerce Rd., Commerce Twp.**
When: Open daily through Oct. Call [for picking times and availability.](http://www.longsorchard.com/1/151/index.asp) **For info:** 248-360-3774 or www.longsorchard.com/1/151/index.asp
- 10. Yates Cider Mill -- 1950 E. Avon, Rochester Hills**
When: 7 a.m.-7 p.m. weekdays, 9 a.m.-7 p.m. weekends through October. 9 a.m.-6 p.m. weekdays, 9 a.m.-5 p.m. Sat., 11 a.m.-5 p.m. Sun. through Nov. **For info:** 248-651-8300 or www.yatescidermill.com
- 11. Plymouth Orchards & Cider Mill -- 10685 Warren, Plymouth**
When: 9 a.m.-7 p.m. daily through Nov. 3. The orchard's Ann Arbor Road Market (10260 W. Ann Arbor Rd., Plymouth) is open 10 a.m.-6 p.m. daily through Nov. 27. **For info:** 734-455-2290 or www.plymouthorchards.com
- 12. Wasem Fruit Farm -- 6580 Judd, Milan**
When: 9 a.m.-6 p.m. daily through Oct. 31. Open 9 a.m.-5 p.m. the first two weekends in Nov. and open every Friday in Nov. and Dec. **For info:** 734-482-2342 or www.wasemfruitfarm.com
- 13. Wiard's Orchards & Cider Mill & Country Fair -- 5565 Merritt, Ypsilanti**
When: Country store and cider mill open 9 a.m.-6 p.m. Tue.-Sun. Country fair is open 11 a.m.-6 p.m. Sat.-Sun.; starting Sept. 27 Wed.-Fri. hours are 10 a.m.-6 p.m. through Oct. 31. **For info:** 734-482-7744
- 14. Apple Charlie's South Huron Orchards and Cider Mill -- 38035 S. Huron, New Boston**
When: 9 a.m.-8 p.m. daily through Oct. Store hours 9 a.m.-6 p.m. Nov.1-Jan. 1 **For info:** 734-753-9380
- 15. Parmenter's Northville Cider Mill -- 714 Baseline Rd., Northville**
When: 10 a.m.-8 p.m. daily through Oct. 31; 10 a.m.-7 p.m. daily Nov. 1-24. **For info:** 248-349-3181

The History of Angel's Night

The night before Halloween, October 30th, has traditionally been a night of pranks and mischief in much of the Midwest and some of the northeastern United States, as well as some parts of Canada. Devil's Night in Detroit can probably be traced back to mid-1880s Ireland, where the night of mischief was originally attributed to fairies and goblins. In the United States, the holiday morphed into a night of soaping windows and toilet papering (a verb) trees. In other words, October 30th was the "trick" to Halloween's "treat" and gave suburban kids a night of rebellion and anarchy.

Mischief on October 30th

Region to region, the night has different names, but the activities remain very much the same: ringing doorbells, egging cars, dumping rotten produce and setting a bag of poop on fire. Camden, New Jersey calls the holiday Mischief Night, while other parts of New Jersey call it Cabbage Night. Cincinnati, Ohio calls it Damage Night, while other parts of Ohio call it Beggar's Night. In other regions of the United States, it is known as Doorbell Night, Trick Night, Corn Night, Tick-Tack Night and Goosey Night. In Canada, it is known as either Gate Night or Matt Night.

Southwestern United States Doesn't Celebrate

As wide spread as the phenomenon seems to be, many parts of the United States, most notably states in the south and west, never heard of it and apparently reserve all their mischievous hijinks for Halloween.

Devil's Night in Detroit

In Detroit and much of Michigan, the night is known infamously as Devil's Night, a moniker now eternally linked with widespread arson. Devil's Night was once, however, just a different name for more of the same: mischief. In spite of the notoriety of Devil's Night, Detroit is not the only region to experience an escalation from pranks to arson on October, 30th. Camden, New Jersey had its own period of Mischief-Night-related arson in the 1990s that easily rivaled Detroit's.

Angel's Night

While Detroit ended the arson, as well as the more innocent mischief, through neighborhood patrols and simply changing the name from Devil's Night to Angel's Night, much of the United States still celebrates some type of prank-riddled night on October 30th. Miss the innocent side to the holiday in Detroit? Maybe a few local kids can help you out by decorating your yard with a few rolls of toilet paper.

Angel's Night 2013

The City of Detroit will enforce an emergency curfew requiring that all minors (age 17 and under) be accompanied by a parent or legal guardian (with identification) from 6:00 p.m. on Tuesday, October 29 to 6:00 a.m. on Wednesday, October 30, and from Wednesday, October 30 to 6:00 am on Thursday, October 31.

During the emergency curfew hours, minors will be allowed to travel to and from work or educational or training programs, but must carry proof of employment or attendance. Minors violating the curfew will be ticketed and held until picked up by a parent or guardian. The parent or guardian may also receive a parental responsibility violation ticket.

In addition, Detroit officials will enforce an emergency ordinance prohibiting the dispensing of fuel into portable containers in the City of Detroit from Sunday, October 27 at midnight, through Thursday, October 31 at 11:59 p.m. except for emergencies.

You can help

- Patrol a neighborhood
- Watch Your Block
- Adopt a House in Your Neighborhood
- Turn on Your Porch and Exterior Lights
- Keep Your Eyes and Ears Open
- Show Your Care – Wear An Orange Ribbon

Report an Arsonist – (313) 876-0974
To Volunteer (City wide) – (313) 224-4455